

One Minute Golf Tips

'WHERE PASSION MEETS PERFORMANCE'

VISUALIZATION

'What The Mind Can Perceive and Conceive, We Can Achieve'.

When the mind can picture a motion, movement or event, we are already on our way to achieving the same. That 6 to 8 inches between our ears may truly be the 'Longest Distance In Golf'! I added the 8 inches to make room for the 'Fat Heads' who require big hats!

As you are in the early stages of your shot, stand behind the ball so that it is directly between the center of your 'Chest & Heart' and the precise 'Target'. There is 'Distance & Direction' on the table!

'FEEL' the ball flying off your 'AIMED Clubface' rocketing to the stick. If you require 'Shape', 'Fade or Draw', add that ingredient to your 'Mental Picture'. If 'Mother Nature' has thrown in a few of her 'Elements', factor them into your 'Visualization' as well. She is always a force with which we must recon!

Never pull the 'Trigger' until you have a resolute and clear picture as to what you are about!

Knowledge, practice and skill enable this process to take place.

'First We Do The Work, Then We Get Paid!'

**"Welcome Aboard!"
"Enjoy The Ride!"**

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