

One Minute GOLF TIPS

'WHERE PASSION MEETS PERFORMANCE'

DOING IT IN THE DARK

The object of this 'One Minute Golf Tip' is to 'Improve Your Game' quickly and easily.

There is a rather large library of these carefully selected and proven 'Drills'. The '555 Team' continually examines, tests and proves these for your use. Please do.

'Doing It In The Dark' can be done alone or with a friend! Go into your back yard. Low lights or that of the 'Moon' will suffice. Make sure you have room to swing a 'Driver' safely. You will also need a #5 and a #9 Iron. Select a 'Target' at least fifteen or twenty feet away. A spot on the fence or the trunk of a tree is great.

Think 'Swing The Clubhead' and **'Feel the Steel'**. This must be done in a state of relaxation and **'Breathing Out While The Clubhead Is In Motion'**.

Holding your #9 Iron gently between your 'Brace Thumb and Index Finger', smoothly and rhythmically Swing it back and forth towards the Target. By doing this, you will not only 'See' but 'Feel the Target Line'.

Now 'Grip' the Club properly in the Target or Swing Hand. Keep swinging it **'Down The Line'**. Joint the Brace Hand. Add some 'Leg Drive' and keep moving the 'Clubhead' to the 'Target'. Do not change the 'Swinging Motion'. When you get this process grooved, change to your Driver and repeat.

'Visualize A Ball'. When you can see a spot on the ground where the Ball should be, **'See The Ball and Feel The Pin'**. You cannot see both these 'Two Points' at the same time! (VRBP #1 and VRBP #2)

Play well!

"Welcome Aboard!"

"Enjoy The Ride!"

SATISFACTION GUARANTEED

E-Mail: AskUs@555golf.com

WebSite: 555golf.com

Telephone: (817) 673-8888

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