

One Minute GOLF TIPS

'WHERE PASSION MEETS PERFORMANCE'

RAKE YOUR BALLS

The object of this 'One Minute Golf Tip' is to 'Improve Your Game' quickly and easily.

This is the 'Bob Stewart Drill'. He is a close Chilliwack, British Columbia, friend and dedicated 'Scottish Kilt Golfer' from way back in history. If you are in need of a good partner, Bob will fill the bill as long as you are serious about the endeavour, play by the rules and do not suffer from the 'Slow Play Syndrome' that is! 'Ready Golf' is a prerequisite. One of my pros and I used to play eighteen holes in under two hours. Bob likes it less than three! I do as well! Enough chatter. The 'One Minute' is already up!

This 'Bullet-Proof Drill' is a 'Chipping Procedure Drill'. It is designed to stop 'Flipping Action' or 'Throw-Away Action' where the 'Brace Hand' provides the 'Motive Force' and not the 'Shoulders or Pivot'. Especially in all these 'Short Game Procedures or Skills' you must 'Set-Up' and maintain a 'Flat Target Wrist' ('Primary Absolute') so as to be able to control your 'Clubface AIM' and 'Bottom Of Swing Arc' (Dead Rope).

The 'Back Of The Target Hand' gets to the Ball before the 'Clubface'. Hands leading!

You have all 'Raked the Fall Leaves' from your back lawn, right? If you 'Flip Your Brace Hand' and thus get the 'Rake Head In Front Of The Hands' ('Leading' and not 'Trailing' – 'Throw Away') you will 'Flip' the leaves or grass all over the place in front of you. Your time to get this job done will be just short of forever!

I suggest you take your #8 Iron and now get the feel of 'Raking Leaves or Grass' with it. In fact, if you have some real leaves or grass. Give that a try. **The leaves and grass 'Go Where Your Hands Go!** Then transition to real 'Golf Balls'. This is a 'Three Ink Spots Drill' as well, so do not forget all we have learned just because it is another 'Drill'. Golf is very 'Knowledge and Skill Cumulative'! Never 'Flick or Flip' a Golf Ball anywhere!

Play well!

"Welcome Aboard!"

"Enjoy The Ride!"

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