

One Minute GOLF TIPS

'WHERE PASSION MEETS PERFORMANCE'

FEET TOGETHER HIP HIP

The object of this 'One Minute Golf Tip' is to 'Improve Your Game' quickly and easily.

This 'Feet Together HIP HIP Drill' is designed to make you aware and to improve your 'Balance'. It effectively narrows your 'STANCE PEDESTAL' and thus reduces your 'Leg Drive' or reduces your '**PIVOT FORCE**'. It is a practical 'Short Game' discipline where the 'PIVOT' might be minimally necessary. This will assist you in 'FEELING THE STEEL' and knowing where your 'Clubhead' is at all times. It is 'Dead Rope' stuff!

It is a good '**Turn Drop Turn Drill**' which provides great 'Feel Feed Back' for your 'Brace Hand and Lever Functions'. The initial move with your 'Brace Hand and Lever' in the 'Front Full Swing' is 'Gravitational Dropping' without which you will not produce the necessary 'Clubhead LAG' required to make the shot. If you do not have adequate 'Drop and LAG' you will most certainly get 'Above The Plane' and 'Cast'.

Set your Heels about 3 to 4 inches apart. 'Squarish Brace Foot AIM'. 'Targetish Target Foot AIM'. '**STEER SO YOU CAN CLEAR**'.

Place several Balls in the proper 'Ball Location' and make 'Continuous TICK TOCK Strikes' while breathing out. Feel a little 'Brace Leg Drive or 'Connection' to the ground with every through stroke. Make sure your 'Ink Spots' are in play!

All these Balls must travel to a '**Precise Take Dead Aim Target**'. Always!

Play well!

"Welcome Aboard!"

"Enjoy The Ride!"

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