

# One Minute GOLF TIPS

**'WHERE PASSION MEETS PERFORMANCE'**

## SWINGING THE CLUBHEAD

The object of this 'One Minute Golf Tip' is to 'Improve Your Game' quickly and easily.

The reliability of '**Newton's Laws Of Motion**' should become a basic part of your game very soon. If it is not already, get at it!

That 'Pendulum', the weight at the end of the string, 'SWINGS' so regularly and predictably back and forth like with 'Big Ben', it is a 'Golf Model' for success. Don't 'HIT AT THE BALL' with your Golf Club, but '**SWING THROUGH THE BALL**'. Abbreviated and Full Swings really only vary in 'Swing Length'. From the 'Top Of Back Swing' (TOB) first allow the 'Clubhead and Lever Assemblies' to just drop 'Gravitationally' right towards the ground. Then, as the 'Brace Hand Comes Below The Brace Hip', into the 'Bottom Half Of The Swing Circle', apply more 'Brace Leg Drive' and 'Brace Lever Down Force' so that you 'PUSH and PINCH' the Ball from its perch.

Remember, the 'Four P's' are 'PUSH, PINCH, PULMONARY, PIN'. Always be '**Breathing Out Whenever Your Clubhead Is In Motion**'! Tension slows down 'Clubhead Speed' which produces 'Distance'. If you want to strike 'Golf Balls' efficiently, 'Relax' and accomplish your 'Power' 'FROM THE GROUND UP' and 'FROM THE INSIDE OUT'.

All the 'Horizontal Clubhead Motion Is Created By the PIVOTING Lower Body Machine'. The 'Upper Body Machine', comprised of the 'Lever Assemblies', creates all the 'Vertical Motion'. Remember and practise this! Don't leave home without it!

Play well!

**"Welcome Aboard!"**  
**"Enjoy The Ride!"**

## **SATISFACTION GUARANTEED**

E-Mail: [AskUs@555golf.com](mailto:AskUs@555golf.com)

WebSite: [555golf.com](http://555golf.com)

Telephone: (817) 673-8888

24/7