

‘NUTRITIONAL TIPS’

THE BOTTOM LINE

When all the dust settles, one person, or a group of we golfers, must be able to come up with a **‘Bottom Line Of Requirements’** to help ourselves and others find lasting **‘Pleasure In This Silly Game Of Golf’**.

Here is this Country Gentleman Teacher’s take on the subject:

- 1)One must want to have **‘FUN’** and succeed at this want.
- 2)One must have **‘Desire’, ‘Honesty’** and an **‘Open Mind’**.
- 3)One must develop or adopt a **‘System’** that is science based and repeatable.
- 4)The **‘System’** (with acceptable variations) must work for each one of us!’
- 5)One must have a **‘Pre-Shot Routine’** (‘PSR’) that coordinates with the **‘System’**.
- 6)The **‘PSR’** must make you feel safe and prepared to produce the **‘Pre-Selected Results’**.
- 7)One must have growing knowledge and skills that instill **‘Deep Trust’**.
- 8)One must have ever growing good practical **‘Instincts’**.
- 9)One must always **‘Trust Ones Gut’** as it is seldom wrong.
- 10)One must select **‘Good Friends’** with whom to enjoy a round of ‘Golf’.
- 11)One must be a dedicated **‘Caretaker For The Game’**.
- 12)One must **‘Never Give Up’!**
- 13)One must **‘Do Whatever Necessary To Insure The Above’!**

Embracing these simple aspects of the **‘Great Game’** will make it all more worthwhile.

“Welcome Aboard!”
“Enjoy The Ride!”

PERFORMANCE EXCELLENCE

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