

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

PROGRESSIVE ALIGNMENT CONFIGURATION in order to control your 'Clubhead Path'

Let us look to some science ... 'The Physics Of Rotation' and 'The Geometry Of The Circle'. Remember, we are all slightly different and may require our own little 'Tweaks'! There is no 'One Way', but there is the science that trumps unfounded actions and motions ... notions! There are a few variables.

We swing around our 'Core or Spinal Crankshaft' in a 'Circular Arcing Swing Path and Plane'.

Because of the 'Shorter Length' of our 'Short Irons', they are more upright, hit closer to our feet, and their 'Angle Of Attack' ('AOA') is more downward ... 'Steeper To The Grass' (4 to 6 degrees) more 'Inside-Outward Path' than will be the 'Longer Shafted Clubs' including the 'Driver'. (more 'Outside-In Path and more Around-ward' – 2 to 4 degrees ... new word for us!)

With our 'Neutral Ball Location', the 'Universal Putting Ball Location', combined with our 'Down Out Forward & Through Swing Path' ('DOFT'), we might tend to release the ball slightly towards 'The Low Energy Side Of The Target Line'. May feel a little like a 'Push'.

To counter that 'Inside-Out Push Swing Shape' ('Path & Plane') we might wisely slightly 'Open Our Alignment'. This will help us to square up our 'Path' with the 'Clubface Aim'.

The Longer Shafted Clubs ('Long Irons, Metal Woods and Driver') are less upright or flatter, more 'Sweeping' and thus deliver their blow on a slightly shallower 'AOA' than our short irons. A flatter 'AOA' may be in the 2 to 4 degree range. This element combined with all the 'Log Shafted Combinations' tends to get us a bit 'Pulley' towards the 'High Energy Side Of The Target Line'.

To counter that 'Swing Shape' ('Path & Plane') we might wisely slightly 'Close Our Alignment'. This will help us to square up our 'Path' with the 'Clubface Aim'. Remember, 'Clubface Aim' is always directly down the 'Initial Ball Flight Line' through our 'Intermediate Target'. To accomplish overall 'Release Of Potential Body Energy' one must 'Breathe Out' and **LET** the ball come off the 'Clubface'. I personally feel more like throwing, letting go of a dart than making it go anywhere!

We call this 'Alignment Adjustment Method Zeroing Out Our Clubhead Path'. Tinker with these combinations and you shall certainly find 'YOUR' repeatable 'Pre Shot Routine' and answer to 'Ball Flight' consistency and golf happiness!

"Welcome Aboard!"

"Enjoy The Ride!"

SATISFACTION GUARANTEED

E-Mail: AskUs@555golf.com

WebSite: 555golf.com

Telephone: (817) 673-8888

24/7