

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

MORE ABOUT GRIP BASICS

Think about 'Putting'.

A 'WEAK TARGET GRIP', combined with a 'Weak-ish Brace Thumb' promotes a 'Soft Release' through your 'Flat Stick' 'Impact & Separation'. When a golfer, even with pretty good mechanics, has shortcomings in his or her '5 Set-Ups' ['GRIP'], the 'Soft Release' prognosis is usually poor in the 'Short Game' where it is needed.

The 'Outcome' can become 'Flips, Blocks, Pushes and Pulls' with lots of 'Flat Stick Strikes' over 18 holes. High numbers can tend to make us unhappy and to feel unloved by the 'Golf Gods'. Highly unfair but true!

To balance this 'Grip' conversation, we know that a 'STRONG TARGET GRIP', supported by a 'Strong Brace Thumb Index Finger Line' (see 'The Grip V' pointing in the vicinity of your Brace Clavicle and Shoulder Socket' – 'Strong Position'), with a 'Full Swing' golf club promotes a 'Firm Release'. We use this 'Configuration' to accomplish the 'Draw Hook Ball Flight'. We need to turn the ball over to reduce the tendency to 'Cut The Ball'. (see 'Side Spin Rate' about the X North South Polar Axis)(see 'Leaky Ball Flight')

Why do we need this 'Strong-ness' with our 'Full Swings' and 'Longer Sticks'? Because we have 'Lower Body Machine' ('LBM') 'Pivot Pressure' and strong 'Brace Leg Drive'. This requires a 'Balanced or Matching Grip Component' to accomplish our competent strikes.

Remember to define and use 'Matching Components & Procedures'.

Knowledge enhances your golf performance and experience.

"Welcome Aboard!"
"Enjoy The Ride!"

SATISFACTION GUARANTEED

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24/7