

# **555 Faults & Fixes**

## **‘PERFORMANCE EXCELLENCE’**

### **ARMED WITH THE TOOLS**

Your ‘555 Team’ approach to ‘**Faults & Fixes**’ is both very simple and highly predictable. Those are both good things in ‘Golf’ and ‘Life’!

You know that we strive to understand ‘Scientific Realities’ such as ‘**The Physics Of Rotation**’ and ‘**The Geometry Of The Circle**’. This material always applies.

There are aspects and elements that are ‘Consistent’ to every swing universally. ‘**The 555 System**’ includes a very comprehensive application and foundation of these.

Whenever we come up against a ‘Fault’, the ‘Fix’ relies upon our knowledge of ‘**The 5 SET-UPS**’, ‘**The 5 ESSENTIAL ELEMENTS**’ and ‘**The Five 555 CONCEPTS**’ which we call the ‘**Problem Solvers**’. Sounds like these three groups of five might be worthwhile noting as we get into yet another ‘Faults & Fixes’. Here they are!

#### **‘The 5 SET-UPS’ ...**

**1)** ‘Posture’, **2)** ‘Grip’, **3)** ‘Stance’, **4)** ‘Ball Location’ and **5)** ‘Alignment’.

#### **‘The 5 ESSENTIAL ELEMENTS’ ...**

**1)** ‘Clubface AIM’, **2)** ‘Clubhead PATH’, **3)** ‘Clubhead SPEED’, **4)** ‘Sweet Spot’ and **5)** ‘Angle Of Attack’.

#### **‘The FIVE 555 PROBLEM SOLVING CONCEPTS’ ...**

**1)** ‘The Golfing Machine Concept’, **2)** ‘The Tether Ball Pole Concept’, **3)** ‘The Balsa Airplane Concept’, **4)** ‘The Human Ratchet Set Concept’ and **5)** ‘The Dead Rope Concept’.

Equipped with these ‘**Three Groups Of Five**’, we can tackle any ‘**Mechanical Golf Issue**’ that arises in a logical and realistic manner. ‘**Faults & Fixes**’ will become second nature.

**“Welcome Aboard!”**

**“Enjoy The Ride!”**

## **LOSING YOUR GRIP AT ANY POINT IN THE ENTIRE SWING**

The 'Grip In Golf' is truly a 'Key Component'. It is the ONLY connection between you and the 'Golf Club'. Remember, 'Your Hands A Best Utilized As Simple And Not Overly Active Clamps That Just Hold Onto The Handle During The Swinging Trip'. It is worthwhile as well to keep in mind that they do not squeeze the life out of the 'Grip' either. That creates 'Tension', which is almost never beneficial.

If you 'Lose Your Grip' at any point in the 'Entire Back & Front Swing', you were 'Squeezing Too Hard In The Beginning'. I will not get into the 'Physiology' of this matter. Suffice it to say that that 'A Relaxed But Firm Golfer Is The Best Golfer'!

If you squeeze the 'Grip' too hard at 'Address Ready or IMPACT FIX', you are bound to be forced to 'Release It' certainly near the 'Top Of Back Swing' ('TOB') when you must 'Drop Down Into The Slot' in order to make the 'Front Swing' properly. Your 'Hands' will NOT 'Release' and perform any of the useful 'Motions' nearing the 'Impact & Separation Zone' as they should do.

With 'Tension' you will NOT 'Release Your Hands' and thus, certainly, NOT Release Virtually Any Other Part Of Your 'Golfing Body Machine'. This artificial and excessive 'Tension' will tend you towards 'Pulls & Pushes'. You can even respond to 'Lever Assembly Tension' by offering a 'Flip-Handed Delivery'. That generously gifts you a mild to worse case of the 'Hooks'.

When you do much of anything 'Too Much', you usually get to much of something else!

An excessively tight 'Grip' at the beginning of the 'Swing', 'Take-Away', invites too 'Loose A Grip' thru 'Impact & Separation' just when you might need some firmness.

Isn't 'Golf just a bit backwards and a little unfair?

**“Welcome Aboard!”  
“Enjoy The Ride!”**

### **SATISFACTION GUARANTEED**

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