

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

JUST VARIATIONS IN YOUR 'TOB' Top Of Back Swing

There is a totally sincere and accurate statement your '555 Team' uses all the time, in fact, with every student on a regular basis. It is based on science!

It is "I Drive As I Putt!" How outrageous are those five words? Pretty out there right?

But, they are scientifically true! The saying is based on our '5 Essential Elements' ... 'Clubface Aim At The Moment Of Separation, Clubhead Path, Clubhead Speed, Sweet Spot and Angle Of Attack'. Every single swing in the entire world has all 5 of these elements. Every one!

Every single swing also has a 'TOB' and thus the little "&" Word also at the 'Top Of Back Swing'. (see 'Transition')

'A Chip Is a Putt With A Hop' ... same swinging motion but with a different club and an adjusted 'Ball Location'. (see '555 Golf Protocols')

'A Bump & Run' and a 'Knock Down Shot' are the same procedures, just with a longer 'Back & Up Swing' or longer stroke. (see 'Body Clocking')(see 'Brace Hand Travel Distance' – 'BHTD')

The 'Punch and Pitch Procedures' are also just versions of the same theme but with longer 'Back & Up Swings' that produce more 'Load Coil' ... store more 'Potential Energy' so that the 'Clubhead' can do more work in the 'Down Out Forward & Through' ('DOFT') segments and logically create more 'Distance'. Creating more 'Clubhead Speed' requires more 'Clubhead Travel Distance' during which to accelerate.

Hence, the statement 'I Drive As I Putt' is absolutely true!

If we control the 'Clubhead Speed' and pre-select different clubs we shall play better golf.

Enjoy!

"Welcome Aboard!"
"Enjoy The Ride!"

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