

# 555 GOLF EDITORIALS

**'PERFORMANCE EXCELLENCE'**

## IS STANCE EVER YOUR PROBLEM?

As we know it is one of the '5 Set-Ups' ('Posture, Grip, **Stance**, Ball Location & Alignment') so it is an important facet in the 'Golf Crown Jewels'.

How often have you been informed that your optimal 'Stance Width' should roughly match your 'Shoulder Width'? What is the closest of the '5 Alignment Axes' ('Feet, Knees, Hips, Shoulders and Eyes or Ears') to your 'Feet ... your 'Shoulders' or your 'Hips'?

Well, the answer is, of course, 'YOUR HIPS'.

Thus, it makes more immediate sense that we make our 'Stance Width' more like our 'Hip Sockets' than similar to our 'Shoulder Sockets'. I know many people with much wider shoulders than Hips. Athletes with a 48 jacket and a 32 waist!

Optimize your 'Stance Width' to accomplish mechanical success. A guideline that your '555 Team' has used successfully for decades is to use your 'Putting Stance Width' as your baseline. Too wide of a 'Stance' inhibits 'Rotational Movements' and induces 'Lateral Movement'. (see 'Sway & Slide')

Additional to 'Foot Width' is 'Foot Aim'. Both our 'Target & Brace Feet' can be neutral and 'Square To The Target or Body Line'. In order to facilitate optimal 'Load Coil Rotation Accumulation and Storage' and 'Un-Load Un-Coil Delivery and Release', 'Square Square' will NOT work efficiently. (see 'The Target Foot Block')

The most reliable 'Stance or Foot Aim' is 'Brace Foot Square' and Target Foot Flared Open'. (see 'Steer So You Can Clear') Years of science-based study has always proven this to be true.

We have done the work for YOU! Less frustration from golf is a good thing!

**"Welcome Aboard!"**  
**"Enjoy The Ride!"**

**SATISFACTION GUARANTEED**

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