

# 555 GOLF EDITORIALS

**'PERFORMANCE EXCELLENCE'**

## **IMPROPER POSTURE** and spinal stability

'Improper Posture' creates 'Unnatural Moves' ... a break down in smoothness!

Your '555 Team' has always promoted a 'Steady Head' that actually 'Floats Atop The Tallish and Pushed Up or Extended Stable Spine'. (see 'Create Space Between Your Hips and Sternum') The sooner you master this stability asset, the sooner you shall become a 'Happy Golfer'. Getting a 'Sweet Spot' the size of a green pea onto an even smaller 'Ballistic Point' of the ball ('BIC') takes predictable stability and meticulous 'Captain Eyes'.

You will know that 'The 5 Set-Ups' ('Posture, Grip, Stance, Ball Location & Alignment') are not optional.

You will also know that 'The 5 Essential Elements' ('Clubface Aim, Clubhead Path, Clubhead Speed, Sweet Spot & Angle Of Attack') are a part of every golf swing anywhere worldwide!

Suggest that you 'Get A Grip' on all of this material!

New and sloppy golf is like a walk into the wilderness with no guide! If you do not know where you are going, or why you are doing something, figure it out or stop!

Remember, our 'Target Lever' provides the 'Lion's Share' of the 'Golf Club Control'. (see 'Clubface Aim, 'Bottom Of Swing Arc' ['BOSA'] and 'the #4 Pressure Point') The 'Bend & Straighten Brace Lever Assembly' provides the bulk of 'Acceleration & Speed'. (see 'Brace Lever Extensor Action' ['BLEA'])

Avoid anatomical 'Radial - Ulnar' conflict or deviation. ('No Flippy Handed-ness')

Always strive for those 'Quiet Lever Assembly Triangles'.

**"Welcome Aboard!"**

**"Enjoy The Ride!"**

**SATISFACTION GUARANTEED**

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