555 GOLF EDITORIALS 'PERFORMANCE EXCELLENCE'

IMPACT ZONE WORK

to perfection

After more than 45 years of studying, teaching and writing about 'The Golf Swing', I am absolutely convinced that 'The Moment Of Truth' is in the 'Bottom Half Of The Swing Circle'. You either are or shall soon be equally as certain of this 'Scientific and Physical Truth'.

The 'Impact Event' takes place in the 'Bottom Half of The Swing Circle'. That makes good sense, ('Common Sense Is Not Always All That Common') in that the 'Little White Ball' resides patiently in the 'Bottom Of Swing Arc'. ('BOSA') ... so you have to get your sweet spot there!

In the 'Back & Up Swing', to the 'Shaft Horizontal To The Ground' position (see 'Swing Sequence #3') and thereafter dropping and thrusting smoothly 'Down & Out', through 'Impact & Separation' event, the shaft again returns to the 'Shaft Horizontal To The Ground' position past the ball. (see 'Swing Sequence #9a and #9b'. We call this 'The Chase Segment')

It is imperative that you, after your little "&" word, do NOT 'Hit AT The Ball', but 'Swing THROUGH The Ball', while 'Seeing It Well' and while 'Breathing Out'. You cannot be an athlete or make an athletic move while holding your breath. If your 'Hands Are In Motion' you must be 'Seeing The Ball' and 'Breathing Out'.

If you can accomplish this very simple 'SS#3 through to the 'SS #9b' swing length, you shall soon master the 'Impact Motion' with effective 'Release Of Loaded Energy'. (see 'Potential Energy') We call this 'Work Smart Drill' the 'Horizontal To Horizontal Drill' or the 'L To L Drill'. Remember, the very important little "&" word at the 'Top Of Back Swing'. ('TOB')

Actually striking golf balls with this 'Horizontal To Horizontal Shaft Drill' will amaze you!

You will be blessed by learning this magical zone ... soon!

"Welcome Aboard!" "Enjoy The Ride!"

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