555 GOLF EDITORIALS 'PERFORMANCE EXCELLENCE'

IMPACT FIX

If you want to be a solid player, you need to get your 'Hands & Wrists' back to the ball before the 'Clubhead' in the 'Front Swing' ('DOFT'). This produces a connected, accelerating downward motion which takes the 'Divot' after the ball departs the 'Aimed Clubface'. Remember, we must swing slightly to the 'Low Energy Side' for straight 'Ball Flight' result. The front swing shape is 'Down Out Forward & Through'.

The 'Forward Press', that your '555 Team' refers to as the 'Press Press', meaning 'Brace Hand and Brace Leg Forward Pressed', actually 'De-Lofts' the clubface about 4 degrees of even more. Why do the tour players hit the ball so far? Because their #6 Iron becomes a #5 or #4 Iron as a result of the 'De-Lofted' condition.

At 'Impact', good players have their 'Brace Elbow' in line with their 'Brace Hip and Brace Knee' in a 'Stage 3 Procedure'. These three 'In Line Components' is a very good 'Check Point' for you to learn and utilize. (see 'Impact Fix')

When you accomplish your 'Impact Fix' in your 'Pre Shot Routine' ('PSR'), make a quick check to ensure that these components are actually 'In Line'.

If you simulate and know where you want to be 'At Impact', you will have a very good chance to get back there at speed in the 'DOFT' swing segment. Logic reigns supreme?

All being well and in place, start your 'Back & Up or Turn & Lift Swing' from this 'Brace Elbow, Hip and Knee In Line' configuration. (see 'Impact Fix')

Use this very simple '555 Golf Turn & Lift', 'One Sweeping Move Back & Up', to the 'Top Of Back Swing' ('TOB' - 'Brace Shoulder') method of making a successfully predetermined golf swing with preselected 'Ball Flight' results. This simplicity will lower your scores and make you 'Smile' more often!

Well done!

"Welcome Aboard!" "Enjoy The Ride!"

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