

# 555 GOLF EDITORIALS

## 'PERFORMANCE EXCELLENCE'

### IF YOU COULD

What if our 'Driver', or the 'Putter, and all clubs in between, were perfectly trained to make precisely correct actions 'For Us' while matching our physiology and psychology?

Now we could just 'Feel The Steel' which would enable us to learn the motions and, hopefully repeat them at will. Wouldn't that be neat? All we would have to do is occasionally get together with our sticks for a lesson!

Well we can almost do just that!

If we focus on specific 'Swing Positions' and weave them into 'Swing Sequences', we will get very close to this 'My Clubs Are Teaching Me' process. Once we have a specific 'Point In Space' identified, (such as an 'Intermediate Target') then we would simply take any 'Club' in our 'Hands' and swing it through that point in a logical progression at speed.

Here is the kicker! If we can do this 'Motion Sequence' in 'Slow Motion' we will be able to 'Feel The Steel' and 'Body Parts' working cooperatively. Thus we could imprint the specific 'Motions' onto our 'Physical Tapes' ... sort of a 'Human GPS'.

For example we need to feel 'Pressure Into The Ground', 'Resistance' with our 'Legs and Feet'. So do that 'In Slow Motion' and feel the 'Down Force'. We also need to feel a 'Matching RPM' ... that our 'Hands and Core' are rotating 'Back & Up' or 'Down & Out' in proper sequence. The 'Hole In Your Grip Butt' should be lasering at your 'Target Hip' at all times in the 'Bottom Half Of The Swing Circle'. One end of the club is always pointing at the 'Target Line' or 'Base Line Of The Swing Plane'.

If you can 'Master These Golf Basics', you can accomplish near 'Personal Perfection' in a very short period of time. We have all heard that it may take 10,000 golf swing repetitions, a year to embed a swing discipline onto or 'Personal Motion Tapes'. Absolute nonsense! As soon as you fully understand it in your mind, you can copy that programme into your 'Motion String' and 'Just Do It!'

It is our real, hands on experience that some individuals can 'Get IT' in a few minutes and prove that to be functionally true over a few hours.

**"Welcome Aboard!"**

**"Enjoy The Ride!"**

### **SATISFACTION GUARANTEED**

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24/7