

555 GOLF ACADEMY

'WHERE PASSION MEETS PERFORMANCE'

THE GOLF HUMAN RATCHET and SOCKET SET CONCEPT

While we are considering this 'Golf Socket Set Concept' as it relates to our 'Golf Swing', we must always remember our **'Tether Ball Pole'** and that little **'Balsa Airplane'**.

We all know about and have likely owned an automotive mechanic's 'Socket Set'. If not, go to Sears or any tool outlet and ask to see and play with one. You would be well served to buy a 'Socket Set'. Sooner or later you will surely put it to good use. One can tighten or loosen a nut on a bolt with a **'Crescent Wrench'** ('Adjustable Spanner') but the 'Socket Set' usually gives this rotary process a whole new easier meaning and function.

In this 'Socket Set' one buys three 'Component Ranges'. They are **1) One Ratchet Handle** ('Constants'), **2) Two or Three Extensions** ('Variables') and **3) The Sockets** which enable our working with various sizes and varieties of 'Nuts & Bolts' ('Variables').

The purpose of this 'Socket Set' is to accomplish very simple 'Mechanical Feats' ... the 'Turning Of Nuts and Bolt Heads In Either Direction'. The one way tightens while the other loosens! The one way turns the head on while the other turns it off. ('Constants')

Our 'Golfing Body Machines' are like this mechanical 'Socket Set'.

We have but one **'Body Ratchet Handle'** ('Constant') that has but one task ... turning or rotating in one of two directions ... 'Coiling Un-Coiling, Winding Un-Winding, Loading Un-Loading, Turning Re-Turning'. This 'Ratchet Handle', in human terms, is our 'Lower Body Machine' ('LBM'), which creates exclusively all the 'Horizontal Round & Round Motion'. We vary the 'Direction Of Travel' to satisfy our need to 'Do Work'.

It is important to note that the 'Baseline Physiology Of The 'Body Ratchet Handle' ('LBM') does not change much from day to day or shot to shot! It is a 'Constant'!

Because this 'LBM' is so physically important, one must get and keep it **'FIT'**! **'When Your Spinal Crankshaft Is Unstable, Your Swing Shall Be As Well'**.

The 'Extensions' are the **'Length Of Our Club Shaft'**. We vary the length of the 'Extension or Connecting Device' to satisfy our task. ('Variables') ('Clubhead Speed & Distance')

The 'Socket Heads' are the '**Clubheads**'. We vary these 'Components' as well to accomplish our specific needs. ('Variables') ('Trajectory & Distance')

The basic design and 'Applied Concept' is actually a key 'Constant' along your way to 'Golf Success'!

Remember, take a look at the other two 'Concepts'. They are 1) 'The Balsa AIRPLANE CONCEPT' and 2) 'The HUMAN TETHER BALL POLE CONCEPT'.

Your '555 TEAM' hopes that this 'Golf Socket Set Concept' helps you to better 'Conceptualize, Intellectualize and Actualize' your ever improving 'Golf Skills'.

**WE DO NOT HAVE TO GET IT RIGHT,
but
WE DO HAVE TO GET IT GOING!**

**HOW LONG YOU CAN SURVIVE THIS CRAZY GAME
MAY DEPEND ON HOW MUCH PAIN YOU CAN WITHSTAND?**

**"Welcome Aboard!"
"Enjoy The Ride!"**

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