# **555 GOLF ACADEMY**

#### 'WHERE PASSION MEETS PERFORMANCE'

### **HOW TO CHOOSE A GOLF INSTRUCTOR**

#### The Traits Of A Master Golf Instructor

- 1. You will get a written and tracked 'Program For Improvement'. This will not be comprised of just single lessons. Sessions and Series of Lessons are suggested. 'Goals' will be set and achieved over a 'Realistic Time Frame'.
- 2. You will get a 'Short Game Skills Test', which will be turned into an understandable 'Short Game Handicap'. All instruction and explanations shall be understood. The student shall be quizzed and required to prove understanding by making real demonstration shots.
- 3. Your 'Equipment' will be checked to make sure you have, at the very least, the proper 'Shaft Length', 'Shaft Flex', 'Lie Angle' and 'Grip Size'.
- 4. You will be evaluated for 'Physical Limitations'.
- 5. You will be given a set of 'Basic Stretching Exercises'. 'Fitness & Mechanics Are Inseparable'!
- 6. There will be an 'Equal Emphasis On The Short Game and The Full Swing'.
- 7. You will be taught 'The Game Of Golf', not just the swing. This includes the 'Mental Side', 'Course Management', 'Speed Of Play', 'Rules' and 'Etiquette'.
- 8. You will have any 'Concepts' explained, demonstrated, and shown in an understandable manner and in 'Bite-Size Servings'. Information overload will be avoided.
- 9. You will be given 'Drills and/or Training Aids', followed by supervised utilization' that will turn these 'Concepts Into Habits'.
- 10. You will be exposed to the use 'Video Analysis' ('HSVC') as a feedback tool. When used properly, video is a huge help in bridging the gap between 'Mechanics and Feel'. You can teach 'Feel From Mechanics', but NOT 'Mechanics From Feel'!
- 11. You will be certain that your instructor has a 'Passion For The Game Of Golf'.

• 12. When you first meet with your 'Prospective Golf Instructor' make sure he or she spends more time asking about you than telling you about him or herself! Really good teachers may be a bit 'Cocky', but NOT 'Arrogant'!

The golf lessons from a person who lives up to these traits will absolutely take your game to the next level, forming good habits and developing skill are the keys to improvement.

Most of us would not teach our kids to swim by throwing them in the deep end of the pool and have them figure it out for themselves.

How important was sending your kids for swimming lessons?

I know for my kids it made all the difference.

When the skills of swimming develop, your kids start to gain confidence and competence. Little by little they become good swimmers.

Their success was virtually guaranteed by parental guidance and the proper selection of a sound swim instructor.

When golf is taught as a series of 'Essential Core Skills', your success, certainly enjoyment, is also virtually guaranteed.

Be wary that your instructor is focused on a 'Causal Approach To Teaching' and is not consumed by an 'Effectual Approach'. Logical science rules!

Video Analysis can be abused in that it invites this 'Effectual Discovery', which can derail the discovery of the real 'Causal Factors'. Don't be fooled!

**Ask Good Questions And Get Good Answers!** 

"Welcome Aboard!"
"Enjoy The Ride!"

## SATISFACTION GUARANTEED

E-Mail: <u>AskUs@555golf.com</u> WebSite: <u>555golf.com</u> Telephone: (817) 673-8888

24/7