

# 555 GOLF ACADEMY

**'WHERE PASSION MEETS PERFORMANCE'**

**"HOW SIMPLE CAN IT GET?"**

**LEARN ONE SET-UP FOR  
ONE PRIMARY PROCEDURE  
THAT ONLY VARIES IN SWING LENGTH**  
(`Brace Hand Travel Distance' – `BHTD' – `Body Clocking')

So many people ask, **"Where Do I Start To Learn The 37 Identified Different Golf Swings?"** It is a valid, respected question, but is an ulcer in the making! When we undertake this serious silliness called 'Golf', we must do so as a fledgling pilot approaches flying ... **'From The Ground Up'!**

Remember, your 'Back & Up Swing' occurs **'From The Top Down'** and **'From The Outside In'**. Thus, logically, the 'Down & Out Front Swing' evolves in the reverse! **'From The Ground Up'** and **'From The Inside Out'**. If you can get this 'Physical Truth', you shall be well along your way to increased 'Golf Pleasure'! It is worth a moment's thought and reflection. If you need **'THE 555 TEAM HELP'**, and you likely shall, then **"JUST ASK US!"** We are here because you are there!

One CANNOT go this 'Trip' and ultimate 'Journey' alone! If you try, suffering the 'Slings & Arrows' shall surely derail your enjoyment and drive you nuts along many obstacle-strewn paths lined with serpent-filled ditches and moats! You think I'm kidding! I am just describing the reality in polite metaphors! Straightforward country folk and the occasional redneck just tell me "This Crap Sucks!" If we do not get to **'Mastering The Basics'**, or at least some of them, we shall find 'Frustration' overwhelming 'Pleasure'.

We must 'Master The Basics' so as to build a foundation. Then we erect the edifice from which we shall gain 'Pleasure'. 'Golf' really is a **'Life-Log Leisure Skill'** that gets better and better over time!

Do NOT get too detailed in your approach to learning the 'Golf Swing'! If we 'Micro-Manage' our swings, we shall construct a 'Bottle-Neck' through which all our processes shall pass with difficulty. No point!

Start simply and keep it that way!

By this, your '555TEAM' means to learn how to make the 'Short Shots' ('Putting & Chipping') before you even think of pulling that 'Driver'. If the 'Shortest Swing In Your Bag' cannot find the hole ('Target'), how in 'Gods Green Earth' would you ever expect to find the middle of the fairway at 250 to 300 yards. Poorly struck 'Drivers' become a 'Ballistic Nightmare'!

### **“First we Walk, Then We Run!”**

So let's be off with a few small intellectual steps!

What we get between our ears, (This 6 inch space is 'The Longest Distance In Golf'), we must 'Conceive and Perceive' the simple 'Golf Swing' as just that, 'A Simple Motion'!

When we master the 'Basic Motions', then all we have to do is make little variations to accommodate 'Mother Nature's Nuances & Elements' She can, like a great steed, be ridden and reliably carry us 'From A To B'!

The 'Title' of this article was carefully chosen. We really do have one basic 'SET-UP' by which we can make every single 'Procedure' practically the same! We need ONLY undertake slight alterations to that 'Basic SET-UP' in order to make every 'Golf Swing'. It's true!

### **K I S S [Keep It Stupid Simple!]**

See if the following progressive list makes sense?

- 1) There are **'5 Problem Solving Concepts'**.  
['The Golfing Machine', 'The Tether Ball Pole', 'The Dead Rope',  
'The Human Socket Set' and 'The Balsa Airplane']
- 2) There are ONLY **'2 Swing In Your Bag'**.  
['The Full and The Less Than Full Swing']
- 3) There are ONLY **'2 Swing Procedures'**.  
['The PUSH and the PUNCH Basic Procedures']
- 4) There are ONLY **'3 Stages To Your Swings'**.  
['Stage One' (No Wrist Cock & No Pivot),  
'Stage Two' ('Wrist Cock & No Pivot')  
'Stage Three' (Wrist Cock & Pivot)]

## THE 555 GOLF SYSTEM

It is a System!

To repeat a human, physical task and motion, we must have a 'Routine' to enable this repetition, otherwise it become a frustrating 'Crap Shoot'. We call it 'Get Lucky Golf!' We must have a carefully designed 'Pre Shot Routine' that we accomplish every shot!

- 5) There are **'The 5 SET-UPS'**  
['Posture, Grip, Stance, Ball Location & Alignment']
- 6) There are **'The 5 EXECUTIONS'**  
['Swinging Motion, Hands, Eyes, Ball & Pin']
- 7) There are **'The 5 CONTROLS'**  
['Chin, Hands, Feet, Ball & Pin']

Once you have learned these seven items, you shall be able to walk up to any 'Golf Shot', 'Visualize Your Ball Flight', call up your 'Check List' or 'Pre Shot Routine' and then, having gone through your 'Confidence Building Ritual', simply 'Pull The Trigger' and allow your 'Subconscious Mind Run The Ship'!

We 'SET-UP' in the 'Conscious State' and must learn to 'EXECUTE' in the 'Subconscious State'.

Trust your hard work and 'Intuition' to **' Let IT Happen! '**

- 8) 'Make Every Golf Shot In The Present Tense Where FEAR does not reside!'
- 9) 'Make One Shot AT A Time!'
- 10) 'Every Golf Shot Is Simple A PROCESS!'
- 11) 'Do NOT Get Hung Up In The OUTCOME'
- 12) 'Make Every Shot Simply A To B'
- 13) Thus, 'A Hole Is Simply Connecting The Dots'
- 14) Thus, 'A Round Is Simply 18 Holes'
- 15) Remember, 'All Golf Holes Are Just PAR 3's' [ **"JUST ASK US!"** ]

If we can agree on the above **'Foundation'**, we can safely and happily proceed!

Ultimately we shall **'Master the Full Swing'**. Then we can 'Calibrate Our Bags'! This means we can write down how far each club strikes the ball with our grooved 'Full Swing'.

Once we master the **'Less Than Full Swing'**, we can then write down how far the ball travels when we apply our '5 Body Clocking Swings'. Now, with a little 'Course Management' information and advice, we are ready 'Tee To Green'. We can play an effective round of 'Golf' with friends while smiling and having FUN!

## **'The Absolute #1 Reason We Play Golf Must Be Pure Personal Pleasure'!**

Manage your 'Life' so that you reap as much earned and regular 'Pleasure' as possible.

We all need that 'Balance' to keep out of the psychiatric wards, formal or not so formal!

Your **'555 GOLF SYSTEM'** is certainly a key to the often locked door!

**"Enter!"**

**"Welcome Abroad!"  
"Enjoy The Ride!"**

### **SATISFACTION GUARANTEED**

E-Mail: [AskUs@555golf.com](mailto:AskUs@555golf.com)

WebSite: [555golf.com](http://555golf.com)

Telephone: (817) 673-8888

24/7