

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

HOLDING IT OFF

'Holding It Off' or the 'Delayed Wrist Cock Release' is 'Manipulation'. (see 'Clubhead Lag')

Delaying 'Clubhead Release' ('CHR') is abnormal and problematical.

It is not properly Newtonian! It violates 'The Physics Of Rotation' and 'The Geometry Of The Circle'. It is not a natural process. Your 'Pivot Pressure' should trigger release. ('CHR')

People occasionally argue that the 'Hold Off' generates more 'Clubhead Speed' and more 'Distance' through a 'Whipping Action'. Hardly defensible! The 'Flip Handed Delivery' is NEVER a reliable, repeatable asset, unless you enjoy 'Grenade Golf'.

With a 'Flip Handed Delivery' you shall lose your 'Lag Pressure' and generally get 'Above Plane or Over The Top'. Path will go to pot as well.

If YOU deliberately 'Delay Your Wrist Cock Release' ('Hold It Off') your 'Tempo, Timing, Rhythm, Cadence and Pace' shall deteriorate and directly affect your 'Clubface Aim' and your 'Ball Flight'. It will NOT help your scoring and hunger for happiness out there.

Working on such an 'Upper Body Machine' error often causes nice golfing folks to struggle and even become injured. It is masochistic!

Holding 'The Wrist Cock Release' actually contributes directly to 'Lower Back Discomfort' and ultimately to 'Lumbar Soft Tissue Injury'. ('STI')

No one wants that punishment!

**“Welcome Aboard!”
“Enjoy The Ride!”**

SATISFACTION GUARANTEED

E-Mail: AskUs@555golf.com

WebSite: 555golf.com

Telephone: (817) 673-8888

24/7