# 555 GOLF ACADEMY

### 'PERFORMANCE EXCELLENCE'

# **EQUAL HAND PRESSURE**

We understand that a 'Putting Grip' is best accomplished with equal or relatively equal 'Hand Pressure', palm to palm, from the very start (placing the hand on) to the very completion (taking the hands off) ... handing the 'Putter' back to your caddie, dropping it on the ground or jubilantly throwing it into the sky!

We also know that 'We Drive As We Putt'.

Thus, our '5 ESSENTIAL ELEMENTS' are ever present in every 'Procedure'. There is no single golf stroke that does not or should not have each of these key '5 Essential Elements'.

Of course, we always prepare for every 'Procedure' by following or accomplishing our '5 **SET-UPS**'. Right?

Repeatable discipline is fundamental in all accurate reproductions!

When we keep our 'Hand Pressures Equal or Very Similar' throughout the 'Putting Stroke' we than more capable of keeping the 'Clubface AIM', 'Clubhead PATH', 'Clubhead SPEED', 'Sweet Spot' and the 'Angle Of Attack' consistent. This consistency induces consistent results in 'Putting & Chipping'.

#### 'We Drive As We Putt'.

This being true, then we should strive to keep 'Consistent Hand Pressures On The Club Handle' from start to finish just as we did in the 'Putting Procedure'. This consistent pressure keeps especially the 'Lever Triangles' stable, which, in turn, enables predictable 'Clubface AIM' and 'Clubhead PATH' through 'IMPACT & SEPARATION'.

What could be more important? Feel soft quiet powerful 'Hands' being moved by the 'Body'! The 'Body Squares Up The Speeding Clubface' ... not the 'Hands'!

## SATISFACTION GUARANTEED

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24/7