

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

GRIP

primary topic well covered

For you '555 Loyals', 'GRIP' is a staple consideration. It comes up regularly and we simply provide 'The 5 Set-Ups' ('Posture, Grip, Stance, Ball Location & Alignment') as a proper material response. The '555 System' never goes out of style ...at least not for the past 45 years!

Well here is a very basic Component Summary' to add to our arsenal of answers to simple, and some not so simple, 'Grip' questions. You can count on your '555 Team' for sound answers.

There are two fundamental 'Grip Positions' ... 1) 'The Finger Grip' (across the knuckles) and 2) 'The Palm Grip' (in line with the 'Life Line' or even straighter).

The '**8 Basic Swing Grips**' are 1) One Handed ('Target or Brace'). 2) Split Grip ('Hockey Grip'), 3) Baseball or Ten Finger, 4) Overlap or Vardon ('1 or 2 Finger'), 5) Reverse Split, 6) Reverse Baseball, 7) Reverse Overlap and 8) Target Hand Low.

Remember, 'Swing Grips' are best served with 'Parallel Axes or Hinge Pins'. Learn the difference between 'Wrist Break & Wrist Hinge'. ("AskUs!")

The '**Putting Grips**' are another kettle of fish! How many are there? "**58**" ... last time I counted! Just kidding but any grip is satisfactory for 'Putting', and perhaps 'Chipping', as long as you can make it work and repeat under pressure. Successful 'Golf Is Consistent'.

Some common 'Putting Grips' are 1) Normal Target Hand High, 2) Target Hand Low, 3) Overlap (1/2/3 Fingers) 4) Reverse Overlap (1/2/3 Fingers), 5) The Palms Opposed Push Grip (good for 'Yipers'), 6) The Claw, 7) The Pulse Grip (ala Bernard Langer), 8) The Wrists Locked Grip, 9) The Anchored Grip (having met its political death) and yours, which may be different.

If we have not included your version, please send us an e-mail explaining what works for YOU!
Videos accepted!

"We See Golf Differently!"

"Welcome Aboard!"

"Enjoy The Ride!"

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