

555 GOLF ACADEMY

'WHERE PASSION MEETS PERFORMANCE'

'SHORT GAME DRILLS'

GOOD BALANCE

Maintain '**BALANCE**' by having a good '**Pre-Shot Routine**' during which you form a 'Solid Mental Picture or '**VISUALIZATION**' of your task at hand. **Use your EYES well! (VRBP #1 & #2)** I think it is beneficial to make some 'Putts Often By Just FEELING Them To The Hole' and not even watching them at all. If they go in your ears will tell you! ...or the crowd!

Your 'Captain EYES' are at the very centre of creating 'Balance'. That 'Stable Head' comes from very 'Stable EYES'. '**See The Ball Come Off The Clubface!**'

This ability to 'FEEL MOTIONS' will produce more awareness of '**DEAD WEIGHT or MOMENTUM**' and thus lead you to better '**DISTANCE CONTROL**'.

All great players know intimately the 'Benefits And FEEL Of Good Balance'. Make sure you do too.

Remember, 'You do not have to be a good athlete to make great Putts' and even to be the '**B.E.S.T.**' .

Unfortunately, you need to be in pretty good shape physically and mentally to produce 'The Whole Package'! Believe it or not, Your 'Lower Body Triangle or Abdominal Core' must be in good shape to make good 'Putts'. Does your 'Lower Back' ache after making a few 'Putts'? Fitness time!

Everyone can do pretty well in the 'DIRECTION' aspect and do reasonably well at covering the 'DISTANCE' as well if they just develop a 'Routine'. Never give up!

"Welcome Aboard!"
"Enjoy The Ride!"

SATISFACTION GUARANTEED

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