

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

EDUCATED IMPACT & SEPARATION

Most 'Swing Circles' do not have a proper 'Bottom Of Swing Arc' ('BOSA') and tend to take 'Divots' in the wrong place or not at all. The bulk of world-wide golfers attempt to help 'Lift Or Help The Ball Into The Sky'. That will never work. It is absolutely contrary to the 'Laws Of Science & Physics'. (see 'Controlled Energy Transfer')

It is the applied 'Downward Clubhead Path' and 'Brace Bend & Straighten Down Force' that creates 'Compression & Line Of Compression'. Trajectory is the direct result of 'Under-Spin', without which one cannot get the golf ball to launch under pre-selected conditions to preselected targets. Not a pretty sight or enragating undertaking!

The feel we should work towards is that we are 'Pinching The Ball Off The Grass' or that we are 'Driving The Ball Into The Ground'. That is precisely why most 'Players', sound ball strikers, take a divot just in front of the 'Ball Location'. Very few 'Sweep The Ball' with no divot.

The proper 'Clubhead Path & Plane' is what your very well informed '555 Team' refers to as 'DOFT' ... 'Down Out Forward & Through'. We like to look upon the 'Golf Swing' as a 'Sweeping Back & Up', with the little "&" word at the 'Top Of Back Swing' ('TOB') followed by a 'Down & Out' with a 'Chase Through The Intermediate Target'. This starts and ends with a 'Leg Driven', 'Chase Follow Finish' to the 'Top Of Front Swing' ... fully 'Energy Spent', 'Breathing Out' and relaxed atop the fully-extended 'Target Leg' .

Once you 'Set-Up' with 'The System', you are inviting and shall enjoy 'Success' that all the pressures of 'Practice & Play' might demand. In fact, you can look forward to that challenge. All these short 'Team' discussions contribute and accumulate towards 'Grand Achievements'.

Enjoy!

**"Welcome Aboard!"
"Enjoy The Ride!"**

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