

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

FROZEN FOCUS CLEAR YOUR MIND

If your mind is 'Focus Frozen' on the 'Ball', you will struggle to get past and 'Through It'.

'AT-itis' is a deadly golf ailment that creates 'Tension' ... the #1 Killer Of A Great Golf Swing and resultant 'Ball Flight'! Strongly suggest that you fight it off sooner than later!

You must keep your 'Golf Thoughts' in their simplest form. When you are prepared and ready to 'Trigger Your Take Away', you must 'Clear Your Mind' so you can clear your entire body and that energized 'Clubhead'.

Remember, ideally, from the moment you 'Trigger' you should be in your 'Subconscious Mode or Mentality'. You are not there in control! Motion Dynamics is! You must strive to avoid 'Making IT Happen' and more to 'Let IT Happen'.

Once you are properly 'Set-UP' your 'Clubhead Orbit' is really established and shall accomplish it tasking without any 'Conscious Help' All your '555 Team' demands is that you say the 'Little Magic "&" Word' at the 'Top Of Back Swing'. This seemingly unimportant task will properly moderate your 'Tempo, Timing, Rhythm, Cadence & Pace'. Don't want to deal with another 5 items? Then make it three ... 'Tempo Timing & Rhythm'. We all get those musical elements.

The 'Three Target System' will also help. We '555 Golfers' have 1) The 'Bottom Inside Cheek ('Ballistic Point'), 2) The 'Intermediate Target' ('10-15 Inches In Front Of The Ball On The Target & Initial Ball Flight Line') and 3) The 'Far Target' which might well be that 'Quarter' at 250 yards for your 'Driver'. We have an old saying 'Swing For The Mountain Tops and Clouds'. This means that we are best served by 'THROUGH-ness' and not 'AT-Ness'.

Driving you car at 50 MPH, you do not look at the 'Painted Centerline' right in front of your hood ornament. You look down the road or 'Projected Driving Line' about a 100 yards. That is how we survive lane or 'Direction Control'.

You've got the picture!

**"Welcome Aboard!"
"Enjoy The Ride!"**

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