

# **555 GOLF ACADEMY**

## **'WHERE PASSION MEETS PERFORMANCE'**

### **PUTTING DRILLS**

#### **FIX THE QUICK PICK UP INSIDE TAKE AWAY**

**'Learn To Hover Your Clubhead'**

Many club-level golfers immediately lift the putter high off the ground in the backswing ... what we call the 'Pick Up Inside Take Away' ('PUITA'). It is a typical 'Steep Angle Of Take Away' as one might use with a wedge out of the rough. Not suitable for your 'Putting Procedure'! Your 'Take-Away Move' is usually repeated in the 'Strike Club Delivery End' of the procedure. (see 'ALSDR')

This negative 'PUITA' attribute causes us to get the blade moving vertically when we want it to move only horizontally in a pendular motion at the **'End Of The Target Lever Dead Rope'**. The fault motion is a 'Pick Up'! Up motion develops 'Tension' in the Shoulders' down to the 'Finger Tips'. We call it a 'Shrug Move'. ('Trapezoidal Lift') Not good when you require a smooth, free and precise 'Bottom Of Swing Arc' ('BOSA'). There is 'No Uphill In Your DOFT Golf Stroke'! ("AskUs!")

This 'PUITA' swing fault also understandably causes one to deliver the putter into the ball from too steep an 'Angle Of Attack', the result of which is 'Pinch & Hop'. Usually off line! Remember, a tense shortened 'Target Lever' makes 'BOSA' a challenge!

If you are one of these 'Quick Picker Uppers', set the putter blade down at least two inches or more behind the ball ('BOSA' - 'BLEA') and start the stroke from there while brushing the grass on the way out the back door. ('CHIN Tallish - POSTURE - Sweep')

This unorthodox practice setup will help you keep the putter low to the ground and pendular throughout the stroke and put a purer, more accurate roll on the ball.

**"Welcome Aboard!"**  
**"Enjoy The Ride!"**

#### **SATISFACTION GUARANTEED**

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