

# **555 GOLF ACADEMY**

## **'WHERE PASSION MEETS PERFORMANCE'**

### **PUTTING DRILLS**

### **FESTINA LENTE**

This is Latin for 'Make Haste Slowly'!

**Well, if you 'Make Haste Slowly' you shall soon arrive!**

Decide on a 'Pace Of Play'. Modulate your 'Breathing and your 'Heart Rate' will abide.

You will 'Play Under More Control' and 'Score Better' as well.

You '555 TEAM' has mentioned to you many times to use your '**5 Step Routine**' at all times. Always accomplish your full '**Pre-Shot Routine**' ('PSR'). This produces 'Calm and Comfort' that engenders 'Confidence' which invites more 'Calm'.

**'When We Take Care Of The Process ('PSR') It Will Take Care Of Us'!**

Strive to be more 'Process Oriented' than 'Fear Generating' 'Outcome Oriented'.

Let the shots unfold '**One By One**'. Then the chips will fall where they belong and you shall be pleased! Stay and play in the 'Present Tense'.

Remember, 'Golf Is One Shot At A Time', 'One Holes At A Time' and then, over a four day tournament, it is and will be quiet naturally 'One Round At A Time'. After four days, when you cross the 72<sup>nd</sup> hole finish line, you will soon discover your 'Score' by doing a little math!

**'Take Good Mental Pictures and Make Good Physical Shots'!**

### **SATISFACTION GUARANTEED**

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