

555 Faults & Fixes

‘PERFORMANCE EXCELLENCE’

ARMED WITH THE TOOLS

Your ‘555 Team’ approach to ‘**Faults & Fixes**’ is both very simple and highly predictable. Those are both good things in ‘Golf’ and ‘Life’!

You know that we strive to understand ‘Scientific Realities’ such as ‘**The Physics Of Rotation**’ and ‘**The Geometry Of The Circle**’. This material always applies.

There are aspects and elements that are ‘Consistent’ to every swing universally. ‘**The 555 System**’ includes a very comprehensive application and foundation of these.

Whenever we come up against a ‘Fault’, the ‘Fix’ relies upon our knowledge of ‘**The 5 SET-UPS**’, ‘**The 5 ESSENTIAL ELEMENTS**’ and ‘**The Five 555 CONCEPTS**’ which we call the ‘**Problem Solvers**’. Sounds like these three groups of five might be worthwhile noting as we get into yet another ‘Faults & Fixes’. Here they are!

‘The 5 SET-UPS’ ...

1) ‘Posture’, **2)** ‘Grip’, **3)** ‘Stance’, **4)** ‘Ball Location’ and **5)** ‘Alignment’.

‘The 5 ESSENTIAL ELEMENTS’ ...

1) ‘Clubface AIM’, **2)** ‘Clubhead PATH’, **3)** ‘Clubhead SPEED’, **4)** ‘Sweet Spot’ and **5)** ‘Angle Of Attack’.

‘The FIVE 555 PROBLEM SOLVING CONCEPTS’ ...

1) ‘The Golfing Machine Concept’, **2)** ‘The Tether Ball Pole Concept’, **3)** ‘The Balsa Airplane Concept’, **4)** ‘The Human Ratchet Set Concept’ and **5)** ‘The Dead Rope Concept’.

Equipped with these ‘**Three Groups Of Five**’, we can tackle any ‘**Mechanical Golf Issue**’ that arises in a logical and realistic manner. ‘**Faults & Fixes**’ will become second nature.

“Welcome Aboard!”

“Enjoy The Ride!”

FAT – THIN ISSUES TOPPING & BOTTOMING

There are **‘Five Impact Locations’** on the ‘AIMED Clubface’. They are **1)** ‘Heel’, **2)** ‘Toe’, **3)** Fat’, **4)** ‘Thin’ and **5)** ‘Sweet Spot’ or ‘Centre Of Mass’.

If you are suffering from ‘A Case Of The Fat – Thins’ and you have ‘SET-UP Properly’, you will then have had to move off your ‘Optimal Set-Up Criteria’ in order to have created the ‘Impact Error’.

‘FAT & THIN’ means that your ‘AIMED Clubhead’ has had to move either ‘Down or Up’ from it original ‘Set-Up Position’.

You can accomplish this change in position in only very limited ways. You may have kept a **‘Steady Head’** (see ‘Basic Essentials’) and increased or decreased your ‘Lever Length’ ... made your ‘Hands and Arms Longer or Shorter’ ... increased or decreased ‘Lever Extension’. (see ‘Upper Body Machine or ‘UBM’)

You could also have increased or decreased your ‘Sit Down or Knee Flex Component’. If you alter your ‘Lower Body Machine’ (‘LBM’) by standing a little taller or lower while you are in the ‘Swinging Motion Event’, you shall create ‘FAT – THIN Issues’.

‘Topping & Bottoming’ are simply more severe cases of the ‘Fat – Thins’. ‘Topping’ means that you strike the ‘Ball’ above the ‘Tropic Of Cancer’ and towards the North Pole’. ‘Bottoming’ I simply the opposite error. You strike the ‘Ground’ before you make contact with the ‘Ball’. Dirt and debris thus often gets between your ‘Clubface’ and the ‘Ball’. This is not a benefit!

Getting wiser all the time, right?

‘Keep It Stupid Simple!’

SATISFACTION GUARANTEED

E-Mail: AskUs@555golf.com

WebSite: 555golf.com

Telephone: (817) 673-8888

24/7