

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

FACE FIRST

Body Machine or Feet Second

'The #1 Alignment In The Great Game Of Golf is Clubface Aim At The Moment Of Separation'. Aim the gun first and then match the body to the gun ... logical sequence? It controls the bullet.

If you can remember and actually dedicatedly apply this 'Truth and Reality' to every single 'Procedure' that you make 'Out There', you shall be both successful and rewarded.

So how do we accomplish this seemingly simple task?

With a professionally designed 'Set-Up and Pre Shot Routine' ('PSR') that happens every shot. A good 'PSR' is your golf insurance policy. When the 'SHTF', you need some security that keeps you out of the hazards, weeds and rough, both of the mind and of the body. When the heat is up in the kitchen, you need a cool demeanour! Earned and NOT accidental 'Get Lucky' magic.

Think and use your '8 Step Putting Pre Shot Routine'. ("AskUs!") **WORK SMART!**

'Face First' means that you step back from the ball '5 Paces', see the 'Line', establish your 'Intermediate Target' ('I/T' ... 10"-15" in front of the ball) and your precise 'Far Target'. Set your 'Ball Aim Line' to accomplish your plan. Match the 'Putter Aim Line' to the 'Ball Line'.

NOW, step into the ball with your feet 'Matching The Aimed Clubface'. A little bounce ('Knee Flex') will coordinate your '5 Alignment Axes' and make you comfortable. Set your 'Stance' width and aim. Verify and Trust! Deep breathe in and out. Make a precise practice swing. Relax. Last look at your 'I/T'. Breathing out, trigger your take away to the predetermined 'Stroke Length Point'. Say your pausing 'Top Of Back Swing' ('TOB') "&" word. Gently and relaxed, gravitationally transition into your 'Front ... 'Down & Out Swing' through the 'Swing Gate'. (across your 'I/T')

'Chase ... Follow ... Finish' as 'Set-Up' or as 'Pre-Selected' by 'Work Smart' protocols.

"Welcome Aboard!"

"Enjoy The Ride!"

SATISFACTION GUARANTEED

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