

555 GOLF ACADEMY

'WHERE PASSION MEETS PERFORMANCE'

EYES CLOSED DRILL

This is a '**Stage One Drill**' so it includes 'Putting and Chipping'. 'Stage One Procedures' involve 'No Wrist Cock and No Pivot'. It is all 'Secondary Engine'!

As soon as we 'Off-Line Our Eyes Component', we are, of course, into the function of '**Visualization**'. That means our 'Mind's Eye' has to do the work. Our imagination and experience comes directly into play so we can build a 'Mind Picture'. We can call upon our mental library to play back things from the past to support a 'Present Tense Endeavour'. It is 'FUN'!

No golf club required! You do need three nice white golf balls. The colour is really up to you!

Standing on the fringe, take a look at a point on the green. Read the '**Slope and Break**'! We are going to toss or lob the ball underhandedly to an '**Intermediate Point**' and let it release and roll from there to the 'Target' ('Spot, Cup or Hole'). So, pick a '**Landing or Touch Down Point**'. 'SET-UP' comfortably! Now, lob the ball to the 'Touch Down Point'. You will have created some 'Velocity' in your action. This will cause the ball to roll along a '**Ball Rolling Line**' ('BRL'). See how close you can get to your 'Target'.

Do this three times with you eyes open and active or 'On-Line'.

Now take them off line! Take one last really good look at your 'Landing Point' and to the 'Target'. Make a practice swing. Close your eyes. Make the shot! Do this three times and see how close you can get. You may be pleasantly surprised.

If you do this well, you will have accomplished a really reliable '5 Essential Elements'. Your throwing hand is the 'Golf Club'.

You know this was a 'Time For A Feel'!

"Welcome Aboard!"
"Enjoy The Ride!"

SATISFACTION GUARANTEED

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