

555 GOLF EDITORIALS

‘PERFORMANCE EXCELLENCE’

DRIVING IT INTO THE DIRT PINCHING THE BALL OFF THE GRASS

As silly as this ‘Bullet-Proof Skill Drill’ sounds, it isn’t!

If you get properly or normally ‘Set-Up’ (‘The 5 Set-Ups’ – Posture, Grip, Stance, Ball Location & Alignment’) using our ‘Railway Tracks’ image and layout, with your ‘Ball Location’ in a good ‘Standard Putting Position’ (your ‘Go To Universal Location’), you are ready for this drill.

Place 5 balls in a line in front and moving away from your ‘Foot Line’ about 3 inches apart. Now, with your ‘Chin & Chest Tallish’ (‘Posture’) make your normal ‘Back & Up Swing’ to the ‘Top Of Back Swing’ (‘TOB’), saying your ‘Little “&” Word’ just when you get there ... ‘Breathing Out’. Try to ‘Drive The Ball Into The Dirt’ ... using a bit of a ‘Bunker Feel’. You will feel like you are ‘Throwing Your Brace Hand’ through the ball’s ‘Ballistic Point’ (‘BIC’) ... getting that ‘Bunker Thump’!

Remember, keep your ‘Chin & Chest Tallish’ ... key ‘Tether Ball Pole Concept’ ingredient. If you actually hit the ball ‘FAT’, stand a little father from the ball and swing again. You will soon not be able to hit ‘Fat’. This is called ‘Brace Lever Extensor Action’. (‘BLEA’ & ‘BOSA’) Remember this ‘Impact Fix Feel’ and location. Strive for that ‘Pinching The Ball Off The Grass’ feel!

Your ‘555 Team’ likes to set-up the ‘Ball Location’ slightly ‘On The Toe’. This gets the ‘Bottom Of Swing Arc’ (‘BOSA’) under control. Seeing the ball ‘A Little On The Toe’ give us a ‘Get There’ mental picture. Again, remember, every ball is struck from this stationary and passive ‘BOSA’ location, generally with a slightly descending ‘Path’. (see ‘DOFT’)

‘Confidence, Comfort & Consistency’ are our ultimate goals!

Enjoy!

**“Welcome Aboard!”
“Enjoy The Ride!”**

SATISFACTION GUARANTEED

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