

# 555 GOLF ACADEMY

**'PERFORMANCE EXCELLENCE'**

**'BUNKER DRILLS'**

## **DOWN HILL LIES**

The 'Lie Of The Ball' or its position and condition on the ground is always an important factor when assessing and 'Setting Up' for a shot.

Certainly an 'Up Hill Lie' is easier than its counterpart the 'Down Hiller'. But, if you 'SET-UP' properly, you will have success in both or, in fact, any 'Lie'. And that's no lie!

The key element to 'Setting Up' properly in a 'Down Hill Lie' is to 'Solidly Set Your Feet' with the 'BALL LOCATION' very slightly more aft than with an 'Up Hiller'. This naturally induces a little 'Steeper Angle Of Attack', which prevents the very common '**Thin Bunker Shots**'. To prevent a case of the 'FATS', 'SET-UP Tallish', 'Dead Rope Measured To The Ball' and stay there throughout the entire 'Back & Front Swings'. 'See the Ball well'. 'Load your Quads & Glutes for Swing Stability'.

Make sure your 'Shoulders or Shoulder Axis or Line MATCHES The Slope Of The Bunker'. This is so that you can '**Swing Naturally Down The Surface Line or Slope**'. If you swing obliquely or tangentially, you will 'Cut The Ball' or strike it improperly. There is really but one proper 'Strike' in golf. That is 'On The Sweet Spot Where Energy Transfer Is Optimal'.

Finally, remember the fact that you must select the right club to get you 'Out Of The Bunker'. If the 'Sandy Slope' on which you are standing is 'Down Sloped' 30 degrees and you have a 56 degree 'Sand Wedge' in your hand, your 'Launch Angle' will be '56 - 30 = 26 degrees' only. That is not much when needing to clear a tall lip!

'Golf Is A Thinking Man's Game'!

But, don't over think 'IT'!

**'SATISFACTION GUARANTEED'**

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