

555 GOLF ACADEMY

'WHERE PASSION MEETS PERFORMANCE'

PUTTING DRILLS

DISTANCE CONTROL & FEEL

Firstly I want to tell you that the **'Short Game'** is perhaps more of an **'Art Form'** than a rough physical skill. We must be a little 'artsy' but, at the same time, we must have the necessary **'Mechanics'** to accomplish the task repeatedly. This requires a solidly proven and trusted **'Pre-Shot Routine'** that includes a disciplined **'Green Reading'** aspect. I am of the personal opinion that this 'Green Reading' is the most difficult component to master. It really takes an understanding of the way grass grows under **'Mother Nature's'** Ever Changing Influence' combined with a sense of what **'SHE'** is delivering as 'Natural Elements' such as wind and moisture. No insignificant challenge.

The key to getting the 'Distance Component' right in long 'Putts' is to **'PACE THE PUTT'**. One must know and NOT guess at the actual measured distance. Why would any intelligent, striving to win, player ever made a 'Putt or Chip' without learning the precise 'Distance or Weight' before pulling the trigger? Knowing or finding out is free! The benefit is profound!

We often hear good golfers say, "I have taken a couple days off and think I have lost my feel!" This may be true to a degree, but, when you know the precise distance and then have a way of controlling your **'Take Away Distance'** ('BHTD'), the guesswork diminishes significantly. Then your putting stats immediately improve along with your ego! Not bad things?

'You Must PACE Your Putts and Chips'! Then you can efficiently work on 'Feel'.

Here is a 'Putting Drill' that will help you as long as you know precisely how far the ball has to roll. ('BRD')

On a level area of the green, line up six balls 20 feet from the fringe. Set up to every one of these balls and 'Putt' it just touching the fringe. Focus on **'BHTD'** and 'Feel'. Keep your mind very upbeat. Elevate your chemistry when you are practicing or playing!

Remember, you must make this a **'Heads Or Tails Drill'**. You must **'See The Ball Come Off The AIMED Clubface'**. If you move your 'Eyes' you will move your 'Ears' and then you will likely move your 'Shoulders' and generally 'Pull' or 'Manipulate' the stroke. You must strive to 'Roll The Ball' precisely and naturally straight 'DTBRL' 'On Target'!

Change your 'Distance' to '25 feet', '30 feet' and '40 feet' and repeat the 'Drill'. Precise level distances! No or minimal 'Break'! No or minimal 'Slope'! You will learn how far to take your 'Brace Hand' back and through to effect these putts. This is the all important 'Brace Hand Travel Distance' ('BHTD') or what your '555 TEAM' calls **'The Inching Rule'**. This knowledge is really neat so, if you are not familiar with the science, you have better get on the phone or 'E' and find out pronto! You've got our numbers!

Remember how this 'Mechanics' feels or felt. Consciously and mathematically factor the 'Speed Of The green' and log the '**Shot Data**' into your 'Golf Brain Library'. Press enter and save the controlled experience to your '**Mental Hard Drive**' where it will be available for future recall!

This is how we learn.

I must tell you that, after over 30 years of teaching my passion, the 'Short Game' with a loved emphasis on 'Putting', there are no long-term, consistently great short strokers of the ball with the 'Flat Stick' who just 'Guess At The Distance' and rely simply on 'Feel'. There none that I know of! None!

One must develop and honour a '**Pre-Shot Routine**', learn personally suited 'Mechanics', discover the magic of 'Green Reading' and hone these three skills every time you get a chance. How often is that? If you are a player, three to four times a week, if only for ten minutes a session. When you've '**Got IT!**' you only have to accomplish 'Low Maintenance' but it must be very high quality regular time! Remember your '5 Step Routine'! You must have a repeatable routine if you want to succeed at 'Golf'!

If you do not really care, what and how you do your 'Putting Practice' will not really matter in any case! You will be stuck at about '**2 Strokes Per Hole**' ('36 Putts Per Round') which will NOT cut it for an aspiring or accomplished 'Player'. Well, an "**Accomplished Player**" knows that doesn't he?

I might add that, during this '**Mechanically Inclined Putting Approach**', your sense of 'Touch' ('Intuitive') will be quite separate but very cooperative with your sense of sight. They originate from two very different 'Component' parts of the 'Golfing Machine' and are even processed by different areas of your brain. This is why the very specific 'Heads Or Tails Drill' eliminates the sense of sight chasing the ball to the hole or 'Peeking'! This is an 'Isolate The Parts Drill' ('ITP') as you know. This smart technique enables us to examine each little 'Component & Procedure' with proper focus.

Remember, the 'Heads Or Tails' is a 'Tether Ball Pole Concept' 'Steady Head' kingpin.

Look at each 'Component Function' separately and then, once you have a 'Grip' on each singularly, blend them gently into your 'Recipe For Success'!

This 'Putting' is very much the 'Flat Target Wrist', very 'Quiet Triangles', 'Loaded Quads & Glutes' ('Quiet Lower Body Machine') and 'Eagle Eyes'!

"Welcome Aboard!"
"Enjoy The Ride!"

SATISFACTION GUARANTEED

E-Mail: AskUs@555golf.com

WebSite: 555golf.com

Telephone: (817) 673-8888

24/7