

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

DELIBERATE REPETITIVE ERRORS

may be looked upon as stupid?

After teaching for over four decades, I am dead certain that most of my clients have been driven nuts by 'Deliberately Repetitive Errors'. They know specific errors and 'Ball Flight' anomalies happen again and again. Shouldn't we do something about that predictable masochism?

Do you know anyone who is plagued by those 'Hooks & Slices'? Are those two 'Nasty Bedfellows' not leeching the 'FUN' right out of the game for millions of nice folks? Heck yes they are!

If you do not know what your '555 Team' means by 'Setting Up For Success', you need to explore and fill that 'Knowledge Vacuum' at your first opportunity. "AskUs!"

Let us look at two distinctly separate phases in our golf swing' ... the 'Set-Up' and the 'Execution'. During these two opposite-ended sequenced events, we tend to be in very different physical configurations . The one is that well-known 'Address Ready' ('Static or Passive') It has very little to do with 'Execution', which is 'Impact & Separation' ('Dynamic or Active'). They are light years apart!

When you 'Set-Up - Address Ready', notice how much 'Wrist Break' you have employed. The 'Upper Arm, Elbow, Forearm, Wrist, Hand and Club Shaft Lines and Angles' accumulate until your shaft line may be as much as 60 degrees different than your 'Upper Arm Line'. We refer to this as 'Bend' which is compared to 'Straighten'. The 'Address Ready' distance to the 'Ball Location' is quite different from the 'Impact & Separation Distance'. Having grossly different 'Lever Lines' between 'Set-Up' and 'Impact' is asking for problems. Variables are the killers in the 'Golf Swing'. We need more 'Constants' so we can perform more 'Consistently'. Your 'Clubface Aim' hates variables ... lever triangles that change shape.

When you achieve 'Clubhead Speed & Separation', the above 'Address Ready' components vary in lines and angles. They become more 'In Line Through The Impact Zone' due to 'Centripetal Force'.

So, if we are faced with this natural 'Straightening Physics' when the heat is on ('Energy Up'), why not 'Set-Up' in this 'Impact & Separation Configuration' in the first place? ('Impact Fix and thru Impact')

Your '555 Team' aptly refers to this 'Smart Set-Up' as 'Impact Fix'. With an optimally more 'In Line Lever Extension', set the 'Ball' slightly on the toe and then 'Strike' right back where you started from. We call this the 'Impact Dress Rehearsal'. Makes good sense to you as well?

"Welcome Aboard!"

"Enjoy The Ride!"

SATISFACTION GUARANTEED

E-Mail: AskUs@555golf.com

WebSite: 555golf.com

Telephone: (817) 673-8888

24/7