

BODY CLOCKING GRID SHORT FORM

	TD	HD HDT	LRC-DT	AP-DT	FS BS-DT
#LW
#SW	.				.
#AW	.				.
#PW	.				.
#9	.				.
#8	.				.
#7	.				.

TD = Thigh & Pocket Drop, HDT = Hip Drop Thrust, LRCDT = Lower Rib Cage Drop Thrust, APDT = Arm Pit Drop Thrust, BSDT = Brace Shoulder Drop Thrust (Full Swing)

SATISFACTION GUARANTEED

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