

555 GOLF ACADEMY

'WHERE PASSION MEETS PERFORMANCE'

GET LUCKY or CRAP SHOOT GOLF

So many people **THINK** and more importantly, in their subconscious, **FEEL** that, just staying out there long enough bashing balls will achieve improvement. It is really a lot like driving around in unknown and varying circles hoping to arrive somewhere good before you run out of gas! Walt Disney's Fantasyland?

Sorry to burst your hard-working bubble if I am tending to do so!

You do not want me to be nice as much as you want me to be honest and helpful!

More of the '**Same Old, Same Old**' produces more of the '**Same Old, Same Old**'. If one wants new results, one must make meaningful changes. We all know that!

There is a good side of '**Ball Bashing**'! It generates income for the golf facility and it consumes energy, often of the nervous type, that needs to be burned up or let out of your system in any case! Don't stop getting exercise even if it is accomplished by '**GET LUCKY** or **CRAP SHOOT GOLF**'!

To improve at a physical skill, such as 'Golf', we require **1) Greater relevant knowledge, 2) Better suitable fitness and 3) 'Quality Tools'**. These three components are all readily available, but, I can tell you that the 'First Of The Three' is the hardest to acquire. The third is the easiest. Just takes money and an honest educated salesperson! Good luck there too! To improve one must '**Take Steps In A Positive Direction**'. Got you feet moving?

A person who is very bright and supremely aware of basic '**Physics and Mechanics**', can actually experience and deduce outcomes with directly beneficial results. This type of individual can experience '**IMPACT & SEPARATION**' and '**Ball Flight**' while coming up with accurate conclusions. This type of person can slowly develop a systematic approach to 'Golf' that often leads to the right path ... to such important aspects as '**The 5 ESSENTIAL ELEMENTS**' and '**The 5 SET-UPS**' and more. Ben Hogan, Percy Boomer, Ernest Jones, Harvey Penick and Homer Kelley were five fine examples of this type of productive individuality.

In order to become 'Consistent and Repetitive' in our 'Golf Swing and it's resultant 'Ball Flight' to the extent that one can reliably predict the outcome of a 'Procedure' requires a known and appreciated scientific basis, fitness and sound suitable tools.

Of course we, (each one of us), have to learn how to **‘Manage The Course’** as well as to manage our own ‘Mental Aspect’ and behaviour. If we cannot keep our feelings and actions in harness, we shall pay a negative price! Keep positive and upbeat!

Anger never ever remedies any poor golf situation. It just creates more ‘Tension and Negative Energy’. Thus, we end up with less ‘Freedom Of Relevant or Appropriate Movement’ than required to execute the shot.

‘Luck’ is always a factor!

My very favourite Uncle George said many times that **“I’d rather be ‘Lucky than Smart’”!** Who can argue with that learned logic?

He was also the first human that took me by the scruff of the neck over to the practice tee and a savvy old golf teacher who invested in my gaining some primary knowledge. The monster was thus created and still meanders about the face of this ‘Planet Earth’ today attempting to help more who share in my plight! I think it is working productively too! So I am often generously and gratefully told!

A very good student of mine recently called me in a moment of desperation and frustration. He was practicing well and playing poorly! Sound pretty common?

When you play you keep score. That produces **‘Pressure or Tension’**. When you play you need a **‘Precise Target’** which is not always the case when you practise. If you are on the range, strike every golf ball at this **‘Precise Target’**. Then you will not fall easy prey to the shift from the ‘Practice Mentality’ to ‘Playing Mode’. They are very different!

To prove this truth, one might make his or her way around the patch carrying **‘Two Golf Balls’** and hitting both when the first is not pleasing ... when ‘Get Lucky Golf’ fails you!

Isn’t it amazing how well the ‘Mulligan’ very often shape up? The pressure is off and you swing more freely! You need to get into this ‘Physical Mental State’ for every shot?

By the way, some of the members of your ‘555 TEAM’, including yours truly, refer to this real life syndrome as **‘Who Gives A Sh_t Golf?’** Great achievement it is!

I’ve been chastised before for being open and honest! Just telling **‘IT’** how **‘IT’** is!

Well intended always!

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