## 555 GOLF EDITORIALS

## 'PERFORMANCE EXCELLENCE'

## **CONNECTION & RPM**

The 'Hands and Quiet Triangles' stay relatively out in front of the 'Body' (The 'Tummy and Hip Girdle') throughout the entire 'Back & Up' and 'Down & Out Swings', but especially so in the 'Bottom Half Of The Swing Circle'. That is the 'Advancing Power & Control Zone'.

At the 'Top Of Back Swing' ('TOB') your 'Brace Hand and Shaft' should be 'On Path & On Plane' as they were in the 'Impact Fix' start position, which we ideally repeat in the bottom. Your 'Swing' should properly go from 'Impact Fix' through 'Impact & Separation'.

A good way to get and stay 'On Plane', and to get and stay 'Connected' to your 'Pivot Power Source or Engine', is to strive to allow your 'Brace Elbow' to drop into the slot and head to the 'Brace Hip' early into the 'Down & Out Swing' ('DOFT').

This writer actually feels as though there is a cord tied from the 'Brace Elbow ['Not Brace Hand'] to the Target Knee'. (see 'Brace Medial Head of the Femur is the Base Of The Pivot')(see 'Brace Elbow, Hip & Knee In Line or Stacked' at 'Impact')

In this 'Connected Manner', if the 'Target Knee Moves' the 'Brace Elbow relates and corresponds with appropriate 'LAG Pressure'. This certainly will keep 'The Quiet Triangles Out In Front Of Your Hips and Abdomen'.

Remember, 'The Hole In Your Butt Points At The Target Hip' through 'Impact & Separation'. (see 'The Laser Drill') One end of the 'Club Shaft' is pointing at the 'Base Line Of The Plane' at all times during the swinging motion ... except when the 'Shaft Is Horizontal To The Ground. Then the 'Laser' points at 'Horizontal Infinity'.

Strive to feel like your 'Brace Leg Drive' powers and controls your 'Delivery & Release'. (see 'ALSDR' – 'The Power Train Sequence')

"Welcome Aboard!"
"Enjoy The Ride!"

## SATISFACTION GUARANTEED

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