

555 Faults & Fixes

'PERFORMANCE EXCELLENCE'

ARMED WITH THE TOOLS

Your '555 Team' approach to '**Faults & Fixes**' is both very simple and highly predictable. Those are both good things in 'Golf' and 'Life'!

You know that we strive to understand 'Scientific Realities' such as '**The Physics Of Rotation**' and '**The Geometry Of The Circle**'. This material always applies.

There are aspects and elements that are 'Consistent' to every swing universally. '**The 555 System**' includes a very comprehensive application and foundation of these.

Whenever we come up against a 'Fault', the 'Fix' relies upon our knowledge of '**The 5 SET-UPS**', '**The 5 ESSENTIAL ELEMENTS**' and '**The Five 555 CONCEPTS**' which we call the '**Problem Solvers**'. Sounds like these three groups of five might be worthwhile noting as we get into yet another 'Faults & Fixes'. Here they are!

'The 5 SET-UPS' ...

1) 'Posture', **2)** 'Grip', **3)** 'Stance', **4)** 'Ball Location' and **5)** 'Alignment'.

'The 5 ESSENTIAL ELEMENTS' ...

1) 'Clubface AIM', **2)** 'Clubhead PATH', **3)** 'Clubhead SPEED', **4)** 'Sweet Spot' and **5)** 'Angle Of Attack'.

'The FIVE 555 PROBLEM SOLVING CONCEPTS' ...

1) 'The Golfing Machine Concept', **2)** 'The Tether Ball Pole Concept', **3)** 'The Balsa Airplane Concept', **4)** 'The Human Ratchet Set Concept' and **5)** 'The Dead Rope Concept'.

Equipped with these '**Three Groups Of Five**', we can tackle any '**Mechanical Golf Issue**' that arises in a logical and realistic manner. '**Faults & Fixes**' will become second nature.

"Welcome Aboard!"

"Enjoy The Ride!"

CLUBHEAD SPEED

“Clubhead Speed’ is a very simple concept. You either attain your ‘Optimal Clubhead Speed’, exceed it or fall short. That all there is to it!

Your ‘**Net Clubhead Speed**’ is the combination or sum of your ‘**Vertical Speed**’, which is created by your ‘Upper Body Machine’ (‘UBM’) and your ‘**Horizontal Speed**’, which is created by your ‘Lower Body Machine’ (‘LBM’). ‘Net Clubhead Speed’ is the ‘**Resultant or Vector Speed**’.

You achieve either of these by reaching your ‘**Optimal Range Of Motion**’ (‘ROM’) in either direction with the ‘Components or Parts’ associated with the ‘Motion’.

Notice I did NOT say “Maximum Range Of Motion”.

Very few people are ‘**Fit Enough**’ or ‘**Mechanically Sound Enough**’ to swing as big as they can and still get the ‘Ball’ to come off the ‘AIMED Clubface’ as desired or as ‘Pre-Selected’.

For most people, making a 3/4 swing is adequate for quite some time.

This ‘**Abbreviated Swing**’ keeps you more under control.

Remember, the ‘Punch Shot’ is the absolutely most reliable ‘Golf Procedure’

“Learn And Enjoy Yours!”

“Welcome Aboard!”

“Enjoy The Ride!”

SATISFACTION GUARANTEED

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