

# 555 GOLF ACADEMY

**'PERFORMANCE EXCELLENCE'**

## **'CLUBFACE AIM At The Moment of Separation' Is The '#1 ALIGNMENT In The Game Of Golf'**

Firstly, remember your '5 Essential Elements'. Each one is a functioning fact or reality in every Golf Shot you have or will ever make. You know you have the '5 Alignment Body Axes' (Feet, Knees, Hips, Shoulders and 'Ears') but this is different. This '#1 ALIGNMENT' is **'Front and Center'** in this short '5 Essential Elements' five-item list.

It is **'Clubface AIM At The Moment Of Separation'** which, from a 'Ball Flight Control' aspect, especially controlling 'Direction', is much more important than the usual focus which has been generally on 'IMPACT'. 'Swing Through' and not 'At'!

We've been too preoccupied with this **'Creating IMPACT'** for a very long time. The '555 TEAM' candid discussions straightened that out! Then we got together at our lake place for some good old R&R, which included very useful and productive 'Brain Storming Sessions'. I supplied the food and beverage so we were nutritionally and drink satisfied! We got to the bottom of it and concluded unanimously that **'IMPACT Was Less Important Than The Moment Of Separation'** ('MOS')!

When you think of 'IMPACT' you will tend to be 'Ball Bound' and swing with a 'Hit The Ball' approach to things. That is not in your best interest! You need to be 'Swing The Clubhead Through The Ball' conditioned. Learn to avoid 'At It Stuff' and focus on more 'Through It Moves'. **Target! Target! Target!**

Where the 'Clubface Is AIMED at Separation' (during the 'Moment Of Restitution') is precisely where your Ball is going!

**The 'Back Of Your Target Hand' controls your Clubface. So know and 'Feel' where the back of your 'Target Hand' is positioned at all times when swinging the 'Clubhead' but especially when the 'Ball' departs the 'Clubface'. Feel like you are throwing the 'Back Of Your Target Hand Through The Ball' and 'Down The Line' all the way to and through the precise Target. (see 'Brace Finger 'X') (see 'The Ball Goes Where The Hands Go') **You require 'THROUGH-ness And Not AT-ness'!****

'AIM The Clubface Where You Want The Ball To Go'. 'MATCH' Your Body To The Clubface AIM. Complete your 'Pre-Shot Routine. Trust! Pull The Trigger! Enjoy the ride!

Welcome Aboard!

**SATISFACTION GUARANTEED**

E-Mail: [AskUs@555golf.com](mailto:AskUs@555golf.com)

WebSite: [555golf.com](http://555golf.com)

Telephone: (817) 673-8888

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