

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

CHOPPING WOOD

The speed and control with which you make your 'Axe Back & Up Swing' is the 'Dress Rehearsal' for you 'Chopping Strike' ... your 'Down & Out Swing'.

Just like making the 'Golf Front Swing' the 'Chopping Motion' is 'Down, Out Forward & Through' ('DOFT') to the 'Bottom Of Swing Arc' ('BOSA') where the 'Little White Ball' is always located.

The 'Speed' of your 'Back & Up Swing' is real and relevant. However, the faster you try to make it happen, the more impediments and the slower will become your 'Front or Chopping Swing'. Overdoing most everything physical causes 'Tension'. Tense muscles are slow muscles. They are also short when in tension or tetanus. Remember, your 'Clubhead' is functionally at the 'End Of The Dead Target or Swing Rope'. (see 'The Tether Ball Pole Concept')

The action at the top of your 'Back Swing' is primarily a 'Change In Direction'. To accomplish this, your hands and clubhead must come to a stop. Strive to make your transition ('Direction Change') smooth and effortless ... using that "&" word, of course.

In order to be happy in these important endeavours, 'Chopping & Golf', one must develop a 'Routine & Process'. If you fail to do so, attempting that 'Get Lucky Method', you shall soon learn more about very 'Ordinary Chaos' and frustration.

Your '555 Team' is here to help!

Take us up on our offers!

**"Welcome Aboard!"
"Enjoy The Ride!"**

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