

555 GOLF ACADEMY

'PERFORMANCE EXCELLENCE'

CAUSE & EFFECT

The '**LAW of CAUSE & EFFECT**' is based on the phenomenon that '**Your THOUGHTS Are A CAUSE and manifest themselves as physical forms or EFFECTS over time.**'

The concept that we have a '**Spirit**' has very little opposition. Your '**Spirit** is where your pure '**Desires and Thoughts**' originate. Since our body has '**FORM**', it is comprised of matter which is limited by the dimension of '**Time & Space**'. The scientific definition of time is the period it takes a body or object to move from one point in space to another.

Does you '**Spirit**' have '**FORM**'? The general consensus is that the '**Spirit Does Not Have Form**'. Thus, the '**Spirit** is NOT limited by dimensions of time and space. Therefore, your '**Spirit**' exists in the past, present and future and has no boundaries of space or knowledge. What a '**Paradox**'! Your body has time and space limitations while your '**Spirit**' and your personal thoughts do not.

According to the '**LAW Of Cause & Effect**', your thoughts create a '**Cause**'. Your '**Thoughts**' not only cause your brain to secrete bio-chemicals that influence all your natural abilities and functions, but also influence the electromagnetic field that your electrochemical nervous system generates and thus initiate the '**LAW Of Cause & Effect**' to manifest your thoughts into bodily form or effect '**Over Time**'.

The reason our thoughts or goals seem not to manifest themselves often enough is because of the '**Time Paradox**' or delay. The '**Effects**' occur '**Over Time**'! The results are delayed reaction. Objects (matter) have limitations of time and space while our '**Spirit and Thoughts**' do not. Since it takes '**Time**' for our thoughts to actually appear in the dimensional form, we begin to fear and doubt that we will reach our goal. Next we become frustrated and even angry because it is taking so long or too much time for our desires and goals to be realized.

The '**Negative Emotions**' of '**Fear and Anger**' you experience before your desired goals take physical form create conflicting electromagnetic fields and thus counterproductive electrochemical conditions in your brain. In many cases, these negate the positive goals you desire and you end up manifesting your '**Fears and Frustrations**'.

If we are not careful, our thoughts and desires can become out of alignment with the '**Order Of The Universe**' and then this powerful force actually works against us like swimming up stream. When we run out of our misdirected energy, we stop paddling and ultimately succumb to the current. To align your '**Thoughts**' with the '**Order Of The Universe**', simply ask yourself, "**Am I always truthful, positive and helpful to others? If so, how far off track can I be?**" This physical success we are talking about results largely from our desire to understand what '**Life**' is about and how we can be happy! '**Positive Energy**' does not swim upstream!

Because the '**Mind – Body**' connection cannot be denied, sports provides a clear example of '**Mental Power**', of the '**Cause & Effect**' sequence. It is '**Truth and Reality**'. Remember, this

'Cause & Effect' takes time. There is duration lag between 'Thought and Manifestation'. That is because 'Thought' occurs instantly while the 'Body' is much slower to respond.

Your '**Internal Tapes**' protect you from danger. They are rewritten or updated daily. It takes 'Energy, Persistence and Perseverance' to rewrite the 'Tapes'. You know the old statement that, 'Old Habits Are Hard To Break'. This is a 'Tape' matter! If you persist in making your 'Tapes' more beneficial to you, it is only a matter of time until your 'Thoughts and Goals' take 'Form'. The question might well be, "Do I have the necessary 'Faith and Trust' in myself and the willingness to do the 'WORK' required to achieve my 'Desires'?" That will likely mean improving your tapes! **Michael Anthony's 'The Mental Keys'** will show you the direct way! (www.mentalkeys.com) You need to connect with this site without delay! Do It Now!

If you have the guts and '**STICKTOITIVNESS**', the perseverance, you will eventually succeed. If you do not, the golfer who does will steal or prevent your dreams manifesting!

If the 'LAW Of Cause & Effect' works, you should write down your 'Desires and Goals' starting with the words, "**I Am**" followed by your 'Desire and Goal'. It goes like this: "**I am Putting, Chipping, Pitching, making my 'Full Swings' well and striking my Driver soundly, better than ever. I am shooting in the 70's.**" Let this score mark be your goal and believe in it. Place your specific goals on 3X5 cards and read them every night just before you crawl into bed after working hard at your 'Goals'!

Although you may still be shooting in the 80's, be aware of that 'Old Time Paradox'!

Understand and expect the 'LAW Of Cause & Effect' to create your 'Desired Results Over Time'. Then mind comprehends quickly but the body and 'Metal Tapes' take time to manifest or implement change.

You cannot eliminate or squeeze the '**Time**' parameter. You can shorten it buy working intellectually, but your 'Thoughts' (Facts & Emotions) must be under control and in the 'Present' or you will succumb to Fear'. It is true that 'Confidence Breed Success'!

Produce or accomplish your 'Process' (Components & Procedures) always in the 'Present Tense' so you avoid that 'Outcome Trap'. Your defined 'Goals' and work will take care of the future and prevent 'Fear' looming its leary head!

Best of luck!

"Welcome Aboard"
"Enjoy The Ride!"

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