

555 Faults & Fixes

‘PERFORMANCE EXCELLENCE’

ARMED WITH THE TOOLS

Your ‘555 Team’ approach to **‘Faults & Fixes’** is both very simple and highly predictable. Those are both good things in ‘Golf’ and ‘Life’!

You know that we strive to understand ‘Scientific Realities’ such as **‘The Physics Of Rotation’** and **‘The Geometry Of The Circle’**. This material always applies.

There are aspects and elements that are ‘Consistent’ to every swing universally. **‘The 555 System’** includes a very comprehensive application and foundation of these.

Whenever we come up against a ‘Fault’, the ‘Fix’ relies upon our knowledge of **‘The 5 SET-UPS’**, **‘The 5 ESSENTIAL ELEMENTS’** and **‘The Five 555 CONCEPTS’** which we call the **‘Problem Solvers’**. Sounds like these three groups of five might be worthwhile noting as we get into yet another ‘Faults & Fixes’. Here they are!

‘The 5 SET-UPS’ ...

1) ‘Posture’, **2)** ‘Grip’, **3)** ‘Stance’, **4)** ‘Ball Location’ and **5)** ‘Alignment’.

‘The 5 ESSENTIAL ELEMENTS’ ...

1) ‘Clubface AIM’, **2)** ‘Clubhead PATH’, **3)** ‘Clubhead SPEED’, **4)** ‘Sweet Spot’ and **5)** ‘Angle Of Attack’.

‘The FIVE 555 PROBLEM SOLVING CONCEPTS’ ...

1) ‘The Golfing Machine Concept’, **2)** ‘The Tether Ball Pole Concept’, **3)** ‘The Balsa Airplane Concept’, **4)** ‘The Human Ratchet Set Concept’ and **5)** ‘The Dead Rope Concept’.

Equipped with these **‘Three Groups Of Five’**, we can tackle any **‘Mechanical Golf Issue’** that arises in a logical and realistic manner. **‘Faults & Fixes’** will become second nature.

“Welcome Aboard!”

“Enjoy The Ride!”

CASTING ISSUES OVER THE TOP OUTSIDE IN PATH

This is one of the very common and primary 'Faults' experienced in the golf industry.

The 'Mechanics' of this error is that **'The Brace Shoulder Moves Before or At The Same Time As The Brace Lower Body Machine'**. This prevents 'Lower Body Machine' ('LBM') LEAD' and 'Upper Body Machine' ('UBM') 'LAG' which is vital to proper function.

'Tension' from the 'Mind' to the 'Pincher Fingers' and 'Hands', up through the 'Arms' into the 'Shoulders' and down through the 'Upper Lower Body Machine' 'Chest, Trunk and Abdomen' 'Welds' the 'Brace Shoulder To The Brace Hip'. This 'Tension Condition' causes the 'Brace Shoulder to Rotate Forward At The Same Time As The Brace Hip'.

The result is that the 'Brace Shoulder' moves directly towards the 'Target Line' in a 'Horizontal Plane' and does not 'Drop and Rotate' as it is supposed to do.

This direct **'Horizontal Movement'** creates what has become known as **'Casting'** or a **'Throwing Out Of The Brace Shoulder'** as one might do when **'Over-Hand Casting A Fishing Lure Across A River'**.

What is desired is more to **'Under-Hand Cast'**. This process means that the 'Lower Body Machine' moves first and then the 'Shoulder, Arm and Hand' controlling the fishing rod responds in proper sequence and timing.

'Casting Takes Place Over Plane' or on an 'Outside-In Clubhead and Component PATH'. That is why this counterproductive move is called **'Over The Top'**.

The 'IMPACT & SEPARATION' outcome of this 'Fault' is generally a **'Cut Block Fade Slice'** or a more simple straight **'Connected Pull'**.

The 'Fix' is a relaxed 'Mind, Fingers and Hands' that initially drop in the 'DOFT Swing' creating 'LAG' and an 'Inside Out Clubhead PATH'. It helps to look at the 'Bottom Inside Cheek' ('BIC') of the 'Ball' throughout the entire 'Swinging Operation'.

SATISFACTION GUARANTEED

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