

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

CAROUSEL, FERRIS WHEEL and the TILT-A-WHIRL

If we stick to solid basics when pondering our 'Golf Swing' we shall not only survive but grow in a rewarding manner! Stumbling along may be argued as the norm?

The 'Lower Body Machine' ('LBM' – 'Feet, Ankles, Knees, Hips, Torso & Abdomen, Chest and Shoulders') produces all the 'Horizontal Motion' or the 'Round & Round'. This major part of the 'Golfing Machine' can be likened to the carnival 'Carousel'. (thank you Homer Kelley for all your help and support) (see 'Spinal or Vertical Axis')

Remember as well, the 'Upper Body Machine' ('UBM' – 'Shoulder Sockets, Upper Arms, Elbows, Forearms, Wrists and Hands') produce all the 'Vertical Motion' or the 'Up & Down'. This major part of the 'Golfing Machine' can be likened to the carnival 'Ferris Wheel'. (see 'Horizontal Axis')

When you combine these two aspects, 'Vertical and Horizontal', you get what science has come to call the 'Resultant Action or Motion'. In the circus analogy, one might call this 'The Tilt-A-Whirl'. That is a 'Ferris Wheel' tilted on or to its side. In golf lingo, this tilting towards the ball is called 'Forward Inclination'. We also have what we refer to as 'Aft-Tilt. You might look it up in your 'Golfmyth Collection of Books' ... or just contact your very own 'Certified Master Teaching Professional' ('CMTP')?

This circus analogous manner is how we function as the human club swinging machines! Keeping it simple is primary to our facilitated learning ability.

Let us keep curious and forever learning!

Always having 'FUN' in the process!

**"Welcome Aboard!"
"Enjoy The Ride!"**

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