

555 GOLF ACADEMY

'PERFORMANCE EXCELLENCE'

'BUNKER DRILLS'

BURIED LIES

Here it would be good to first read the 'TAKE ½ AN INCH OF SAND' 'Bunker Tip'. The solution or approach to successful 'Extraction Of Balls With Buried Lies' from any bunker is found in this mentioned tip. Remember, the solution to the perceived 'Complexity Of Golf' is always found directly in its 'SIMPLICITY'!

There are numerous varying degrees of 'Buried' that range from 'Sitting On The Top Of The Sand', to 'Just Nestled into the Sand', to the 'Fried Egg Lie' to the '1/3 Buried', to the '1/2 Buried', to the 'Full Buried' that only has the top of the balls head exposed.

If one approaches every one of these from but one simple perspective and 'Pre-Shot Routine' ('PSR') success shall be in the cards!

'Visualize Your Ball Flight' from well behind the ball. 'Feel The Shape Of Your Ball Flight'. 'AIM Your Clubface' without grounding your club. 'Set Your Feet'. 'Measure To The Ball' which means establish your 'Target Lever or Dead Rope Swing Radius'. When you are ready to 'Trigger', remember it is a 'Brace Handed Take-Away'. Remember, also to keep a 'Quiet Lower Body Machine' ('LBM') and do not overdue your 'Upper Body Machine' ('UBM') motions by flailing or hacking away at the ball. Always 'Swing In Balance' and under control!

Now that this is completed, **'Simply Take Out ½ Inch Of Sand From Under or Below The South Pole Of The Ball'**! Nothing more! Noting Less!

A key ingredient in making good 'Bunker Shots' is to effectively 'Image or Compute' your 'Brace Hand Travel Distance' ('BHTD') so that you can 'Accumulate, Load, Store, Deliver and Release' ('ALSDR') the appropriate amount of Energy to pull the shot off. Just as in 'Chipping or Bump & Run', we must reach the cup but not run too far by it if we miss our target.

'SATISFACTION GUARANTEED'

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