

# 555 GOLF EDITORIALS

**'PERFORMANCE EXCELLENCE'**

## **ALL STROKES**

are brace hand controlled

We know that the 'Target Lever' controls only three specific components and/or functions: 1) The Clubhead, 2) The 'Bottom Of Swing Arc ('Extension') and 3) The #4 Pressure Point. (Pressure of the 'Brace Pectoralis Muscle' against the 'Target Biceps' ... the method by which 'Rotational Pivot Pressure' transfers to the 'Target Lever Biceps')

The 'Brace Hand' is responsible for most of the 'Motion Control'. It monitors 'Velocity', 'Feel', 'Dexterity' (when needed) and applying 'The Hit'. The bulk of the 'Clubhead Speed' and 'Power' is provided by what your '555 Team' refers to as the 'Bend & Straighten' motion.

In your 'Putting & Short Chipping', with steady or stable 'Hands, Wrist & Forearm Lever Triangles', the 'Motion' is created not by active hands, but by your 'Brace Shoulder's moving 'Up In The Back & Up Swing', followed by its moving reflexively back 'Down In The Down & Out Swing'.

This is what you should feel during your 'Putting & Chipping Stroke Procedure' ... the 'Brace Shoulder's Moving Up & Down'.

A lot of golf instructors profess and promote that you "Take Your Brace Hand Out Of The Swing" and make all the motion with your 'Target Hand', especially the 'Take-Away'.

Let me please tell you that is NOT the way the 'Golf Stroke', any of them, happens!

The person who throws a ball 'Brace Handed' is NOT about to start with the ball in his or her 'Target Hand' and transfer it to the 'Brace Hand' during or just after the 'Transition – Change Of Direction'.

Let's keep this scientifically logical.

**"Welcome Aboard!"**

**"Enjoy The Ride!"**

**SATISFACTION GUARANTEED**

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