

555 GOLF ACADEMY

'PERFORMANCE EXCELLENCE'

THE TARGET SHOULDER DOES NOT MOVE THE BRACE HAND BACK & UP Just The Opposite

The 'Power Side' is undisputedly 'The Brace Side'. This is true not only in 'Golf' but also in baseball, tennis, boxing and virtually any rotational 'Power Accumulation, Loading and Storage' physiology or athletic motion. (see 'ALS DR')

It is in this body rotational manner that one can, in reverse sequence, 'Deliver & Release' any and all 'Potential Energy' into its 'Active or Dynamic' form known as the 'Kinetic State'.

So the full cycle happens in the 'Golf Back & Up' and then 'Down & Out Swings'. ('DOFT')

Take a look at the '**555 Tether Ball Pole Concept**' combined with the '**555 Target Lever Dead Rope Concept**' and the '**555 Balsa Airplane Concept**'. You will see simple truths herein.

Your '555 TEAM' calls these the '**555 Problem Solving Concepts**'. They are precisely that!

The 'Brace Hand' winds up the 'Human Body Rubber Band or Core' as does the '**Tip Of The Propeller Wind Up the Balsa Airplane Rubber Band**' in that little wooden model.

In this manner, the 'Brace Hand' smoothly but firmly, in its 'One Move Back & Up' motion, '**Takes The Target Shoulder Along For The Rotational Ride!**'

It is your 'Brace Hand' that causes the 'Target Shoulder' to rotate behind the 'Golf Ball' at the 'Top Of The Back Swing' ('TOB') (see 'From The Ground Up' and 'From The Inside Out'). Your 'Target Shoulder' does NOT move itself independently under your 'Tallish CHIN'!

Thus, it is your 'Brace Hand' that winds up '**The Golfing Body Machine Core Rubber Band**'.

A good 'PIVOT' is the 'Primary Engine Of The Golf Swing'. The 'Secondary Engine' is the elevating and dropping 'Brace Shoulder' as in 'Putting & Chipping'. Keep those 'Quiet Stable Triangles'!

SATISFACTION GUARANTEED

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