

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

BETTER WHAT?

Do you want to make a 'Better Swing' or a 'Better Shot'? Do you want to look good or score well? One of my great friends and tour player told me he just played a "Scrapie Round"! He told me that he "Played Ugly" but scored well. Shot 66!

If you can create great golf shots, your subconscious or intuitive mind ('Whole Person') will connect the dots and refine the 'Process' so that your 'Outcome' makes you a happier person. It will learn your 'Happy Path'. Your 'Mental Tapes' will store what makes you both 'Safe & Happy'. Hit the ball where you want it to go and let your mind manage the repetition. "Actions Which Achieve Desirable Consequences Shall Recur!" ('Thomas & Skinner') Most of the 1.5 swing seconds are 'Subconscious'.

If you can make what is a 'Natural Swing For You' ('No Modeling'), with those good 'Outcomes' that make you smile, **"To Hell With Trying To Be Perfect!"**

There are 'Golf Imperatives and Essentials' for all of us. Here are two 'Keystone Elements' ... 1) 'Consistent Contact through Impact and Separation' and 2) 'Directional Control'. 'Directional Control' is based on 'Straight or Curving Lines'. We must get control of both these facets with 'Ball Flight Laws'.

The '555 Golf System' is exceptional. Our '5 Set-Ups' ('Posture, Grip, Stance, Ball Location & Alignment') are without question essential components of 'Every Golf Swing'. So too are our '5 Essential Elements' ('Clubface Aim At The Moment Of Separation, Clubhead Path, Clubhead Speed, Sweet Spot & Angle Of Attack'). Not one swing worldwide is without these ten elements. They are worth learning!

Terms like 'Weight Distribution' ('Stance') and 'Rotational Freedom' ('Pivot') are also worthy topics. How do we get properly and athletically ready to make that great 'Take Away – Back & Up Swing' followed reflexively by a sound 'Down & Out Swing'? "You gotta enjoy that lovin' feeling!"

Let me whisper in your ear please? **'Set-Up For Success'!** Your 'Back & Up Swing' is the live dress rehearsal for your 'Down & Out Swing'. To get it right, you must have all of the above under control, but 'Proper Posture' and 'Stance' are key. Set your 'Chin & Chest Tallish' with 'Knees Locked' in the 'Up Position'. Now gently relax until your knees just release and you 'Plunk' ... your 'Butt Drops Slightly'. Your 'Weight Distribution' will be slightly on the 'Arches' ... not on your heels or toes. It is a bit 'Flat or Heavy Footed'. With your 'Feet Under Your Hip Sockets'. ('Neutral Stance Width') flare or release your 'Target Foot' ... "Steer So You Can Clear". There ... now you are ready for better outcomes!

"Welcome Aboard!"

"Enjoy The Ride!"

SATISFACTION GUARANTEED

E-Mail: AskUs@555golf.com

WebSite: 555golf.com

Telephone: (817) 673-8888

24/7