

555 GOLF ACADEMY

'PERFORMANCE EXCELLENCE'

BALL LOCATION

This simple term requires very little explanation but a full understanding. Get it right or 'Go Left and Right'! Simply put, 'Ball Location' is about getting the 'Ball' in the way of the 'Speeding Clubhead' as naturally as possible!

In '**Less Than Full Swings**' or what we call 'Stage One ('No Wrist Cock and No Pivot) and Stage Two Procedures ('Wrist Cock but No Pivot') the 'BALL LOCATION' is very important. It always is!

In '**Putting Procedures**' you must have your '**Ball Location Centre To Forward**'. Your '555 TEAM' promotes that the ball be about on your 'Target Heel' so you catch it on the 'Up Swing' which imparts 'Top or Over Spin'. This helps the ball roll end over end and stay 'On Line' more effectively.

The '**Chipping Procedure**' is the only time when you place the '**Ball Centrally To AFT In Your STANCE**', meaning aft of your 'Sternum'. You want a 'Descending or PINCH' 'IMPACT & SEPARATION'. 'Thin' produces what we call 'Skullies'! Not good!

All the other 'Procedures' call for a '**FORWARD BALL LOCATION**'. Why! Because you are 'Pivoting or Rotating Forward' and the 'Ball' must be there to meet the 'Forward Moving Clubhead'. All 'Stage Three Procedures' require that the 'Ball' be placed under the 'Target Clavicle' moving central to distal as the shaft gets longer. The 'Driver B/L' is right out under your 'Shoulder Socket' which is under the 'Target Lever Pivot Point'.

'**IMPACT FIX**' is very different than 'Address Ready'. 'Address Ready' is a 'Non Motion Condition' whereas 'IMPACT FIX' is 'Motion Prepared'. It is like a simulated, 'Pre-Shot - Impact & Separation' where you get all the 'Components' ready for the very soon to happen 'Procedure'. From 'IMPACT FIX' the 'Swinging Motion' is far simpler!

Common Sense May Not Be All That Common!

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24/7