

# 555 GOLF ACADEMY

## 'WHERE PASSION MEETS PERFORMANCE'

### PUTTING DRILLS

### ANOTHER TAKE

How many 'Putting Techniques' are there?

More than you can count on all your 'Fingers & Toes'!

How many have actual merit and work!

Your guess is as good as mine!

Over the years, I have seen interesting and not so interesting 'Ball & Stick Global Multitudes'! The owners of these skills, or not so skills, tend to swear by their dexterity. Others are not as certain. Regardless, **'The Proof Is In The Pudding'**! Folks can tell timely stories about their **'Putting Prowess'**, but real numbers never lie!

'36 Short Stick Strokes Per Round' will not cut it in 'Linksy Circles'. The 'These Guys Are Good Gang' will not survive making 'Two Putts' for a living! It takes under 30 per round to pay the bills in comfort and with any degree of longevity!

Just reality!

This 'Golf Writer And Teacher' has seen and made 'Putts' in all manners fathomed! I have narrowed my spectrum! Even so, I am always open to suggestions and demonstrations! The 'Newness Of Golf' never gets old and the 'Oldness Of Golf' never gets overly new! This silliness is surely a life-long affliction from which so many of us willingly suffer?

I have been committedly working diligently on my and others 'Stage One Stroke Procedure'.

Today, I had one of my amazing student who loves the game and gets, perhaps, more out of it than most anyone I know or have met over the past more than three decades. He is a blue-blooded 'Golfer' who dabbles medicine as well!

I take brief and not so brief looks at him often. He had vacillating issues with his 'Putting' ... more 'Comfort' related than 'Physics & Mechanics', although there were some stress glitches as well!

We meet issue head on!

Here is what we collaboratively came up with to improve his performance on the ‘Dance Floor’, which we surely and quickly accomplished. The issue was primarily one of **‘Tempo & Rhythm’** but a little more complex than met the eye!

We needed to build more **‘Trust In The Process’** and shun any of the common magnetic mental attraction for slipping into the ‘Outcome Mode’ where ‘Fear’ lurks.

The solution was for my friend to say to himself, as we are both supposed to do, **‘Breathe AND Release’** during the actual stroke. We need to say these words as we swing!

These simple words are instructional as well as metronomic. We need to **‘Breathe’** in order to be collected, relaxed and soft handed ... to focus clearly on the ‘Process’ without the undue common ‘Outcome’ pressure we all know so well. **‘All Putts Are Dead Straight’!**

We need to accomplish and recognize the ‘Top Of Back Swing’ in every ‘Procedure’ regardless of its ‘Stage’. The biggest ‘Little Word’ in the ‘Great Game’ does just that! In case you missed it’s identity ... **‘AND’**.

Finally **‘Release’** of the ‘Stored or Potential Energy Into Its Kinetic Form’, which strikes the ‘Ball’, is fundamental. Good ‘Putting Technicians’ always ‘Allow The Ball To Gently Come Off The Aimed Clubface’ and thus ‘Release The Clubhead’ in order to logically ‘Release The Golf Ball Down The Pre-Selected Ball Rolling Line’ (‘BRL’).

All this is said in or with the assumption that you properly, in an orderly manner, **‘SET-UP’** to **‘EXECUTE’** your ‘Stroke’.

Designing and following a ‘Pre-Shot Routine’ (‘PSR’) is an unavoidable discipline and primary asset for anyone desiring to become an accomplished ‘Dance Floor’ performer. This stage show pays no regard to whether you are a ‘PGA Tour Player’, a ‘Wannabe’ or just one of the multitudes of ‘Weekend Warriors’ or ‘Hackers’.

How happy you want and intend to be ‘Out There On The Links’ completely depends upon your **‘Desire, Honesty and Open Mind’**.

Oh! Making friends with a ‘Savvy Old Country Gentleman Golf Teacher’ helps!

Locate your version and rub shoulders!

**“Welcome Aboard!”**  
**“Enjoy The Ride!”**

**SATISFACTION GUARANTEED**

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