

555 GOLF ACADEMY

'WHERE PASSION MEETS PERFORMANCE'

'8-10-12'

What is there in three numbers?

'Energy Management' is a really key and central aspect of making 'Putts'. Afterall, they are simply 'Distance & Direction' ('Range & Azimuth'). Remember, by the '555 Team Rules', there is no 'Putt or Chip' made ever, that you do not firstly know the precise 'Distance'. Know this key aspect is 'Free'! What **'Ningkumpoop'** would ever make a 'Putt or Chip' without the very real advantage of knowing **'How Far The Ball Must Roll'?** It is half the equation.

By the way, my detailed doctoral studies clearly revealed the fact that, just knowing the 'Distance' before making a 'Putt or Chip' improved the likelihood of success a whopping **'24.7%'** over hundreds of executions. What **'Ningkumpoop'** would ever make a 'Putt or Chip' without the very real advantage of knowing **'How Far The Ball Must Roll'?**

What the average golfer sets his or her **'Stance Width'**, they, when reasonably disciplined, 'SET-UP' that 'Width' very accurately and repetitively. Most men will 'SET-UP' this **'Stance Width Of About 10 to 14 Inches Between The Feet'**. If this 'Foot Separation' is consistent, the 'Toes Are Consistent'. If the 'Ball Location' is just inside the 'Target Foot' we have very relevant data. When this 'Foot Separation' is consistent, the 'Swinger' has a reliable gauge as to the 'Distance The Putter Blade Moves Away From The Ball In The Take-Away'. When one has accurate knowledge as to the 'Length Of The Back Stroke', one naturally has accurate information as to the 'Length Of The Front or Through Swing'. Thus one has control of 'Clubhead SPEED' and of the 'Clubhead Energy Delivery To The Ball'. Thus one has really accurate control of the 'Ball Rolling Distance' ('BRD') ... if one has a 'System'! The systematic approach to making 'Golf Strokes' reduces strokes and produces 'More Fun'!

If you elect to utilize this advantage, you will have very reliable ability to always 'Control Delivery Energy' and the more difficult aspect in the 'Putting Procedure', which is 'Weight or Distance'.

A really simple reality is what your '555 Team' calls the **'One Inch Rule'** in any and all 'Stage One Procedures'. **'For Every Foot You Need To Roll The Ball, Take Your Clubhead Away From The Ball One Inch Per Foot', 'Add One Inch For The Back Of The Cup' (so you do not come up short) and then 'Adjust For Slope'** (add for up hill and subtract for down hill). This really works. It is better than hoping your 'Feel' holds up!

Knowing this **‘One Inch Rule’**, if you know the ‘Number Of Inches From The Butt Of The Ball To The Inside Of Your Brace Foot, Middle Of Your Brace Foot Or The Outside Of Your Brace Shoe’, you have very accurate ‘Energy Ruler’.

Here is where the ‘Title Numbers’ evolved. This author’s distance from the ‘Butt Of The Ball To The Inside Of His Brace Shoe’ is 9 inches ... 11 Inches to the Middle Of The Shore ... 13 Inches To The Outside’. Look at the ‘Energy Control Rule’. Take off one unit from each of these numbers and you get **‘8-10-12’** which is the ‘Ball Rolling Distance’ that is achieved ‘Stimp 9 Level’.

So now you have ‘The Rest Of The Story!’

Remember, **‘The Big Brother To The Inching Rule Is Body Clocking’**.

That is the ‘Next Chapter Of The Story!’

‘Great Golf Procedures Are No Accident!’

“Welcome Aboard!”
“Enjoy The Ride!”

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