

# 555 GOLF EDITORIALS

**'PERFORMANCE EXCELLENCE'**

## THE 555 NATURAL PROGRESSION OF THE GOLF SWING

a new paradigm

Enjoy this novel concept and methodology! It is based on the logical, science-based thread that 'There Is A Putt In Every Drive' ... that, if YOU can master the 'Stage 1 Procedure', the 'Push Basic Putting Stroke' (with 'No Wrist Cock or No Pivot'), you can simply increase that 'Stroke Length' ('Add More Energy') to make the ball go farther with the same golf club. More 'Brace Hand Travel Distance' ('BHTD') produces more 'Ball Rolling Length'.

'BHTD' also applies directly to all your golf clubs including your 'Driver' as well. (see 'The Balsa Airplane Concept') The farther your 'Brace Hand' (Tip Of The Propeller) travels, the more 'Coil or Energy Load' you produce. That means you have more energy with which to strike the ball farther. Pretty simple! The 'Brace Hand', as in tennis, baseball, hockey, delivers the blow in golf. The 'Target Lever' controls the general "Swinging Motion" while the 'Brace Hand Hits'.

The common notion of 'Hitting Against The Target Side' is also a bit of misinformation. The 'Target Hip' clears aft and around. With proper 'Stance' you shall clear with little resistance.

Remember, it is one of your '555 Team' primary goals to 'Take The Hands Out Of Your Swing'. Less 'Manipulation' is essential to consistent ball striking. (see 'Flippy Handed Delivery')

Please consider and remember this? The first 8-12 inches of your 'Driver Take-Away' is fundamentally 'THE SAME' as your 8-12 inch 'Putting Stroke' or the 'Take-Away' of your longer 'Putting Stroke'! (see 'Optimal Stroke Length' – 'OSL') I know there are 'Set-Up Differences', but the 'Hand Wrist Forearm Triangles' are fundamentally the same ... QUIET and sweeping smoothly and feeling 'Low To The Ground'! (meaning good 'Lever Extension')

Now the magic begins. If you additionally change the 'Golf Tool' ('Club Selection') you shall be able to vary the 'Distance & Trajectory' ('Ball Flight Shape') by this simple selection. "A Chip Is A Putt With A Hop"! Longer shafted clubs generate more 'Club Head Speed' due to their increased length. The 'Loft' also creates more height to the 'Ball Flight' which generates more 'Distance'. There are lots of scientific formulae but you do not need them. When you learn the unique 555 Golf copyrighted 'Body Clocking' and thereafter 'Calibrate Your Bag' ('Determining each clubs 'Full & Less Than Full Swing Distance'), you shall be blessed and rewarded!

Let's keep making this as simple as we can. Excited?

## HIGHER MATH

Higher math such as calculus and trigonometry are based on some very primary concepts and realities. When we learn how to count we are laying the foundation for higher math! Without being able to manage 0,1,2,3,4,5,6,7,8,9,10 we are doomed to the intellectual dark ages! Similarly, if we have not mastered our own language, and a couple more, we are equally doomed to subservience and degraded accomplishments. Glad you are here sharing time and space with the dedicated and very savvy '555 Team'.

What do we mean by 'Natural Progression'?

All infants learn to wiggle and eventually roll over. Not too long after they crawl, kneel, and then, usually with some help, human or furniture, they manage to stand up. Then curiosity and parental modeling or imprinting prompts a step. Soon we have dynamic 'Toddlers' at our feet ... and now he or she is grown and making babies of their own! What a progression! Not really a 'Paradigm' but certainly a 'Progression!'

You know, one of the dumbest things we ever see at our golf properties is a fully grown adult 'Golf Neophyte' with a 'Driver' in hand trying to wail away at a large bucket of balls in pursuit of predictably improving and forthcoming perfection! We are supposed to be thinking beings with a higher intellect than a fencepost! Golf is always logical when human beings are not!

Let's see if your dedicated, long at 'IT', '555 Team' can make more sense and solve complexity with some good old simplicity?

Let me firstly tell you that we, like the toddler, need to walk before we run!

Here is our 'Mental Progression' ...

- 1) Human Life
- 2) Curiosity
- 3) Knowledge
- 4) Experience
- 5) Wisdom

... as it leads us, if we are fortunate enough, to and through 'The Great Game Of Golf'. Common sense is to start small and work up! So let us do that!

Here is our ‘Mechanical Progression’ ...

- 6) Putting
- 7) Chipping
- 8) Bump & Run
- 9) Bunker
- 10) Knock Down Shots
- 11) Punch Shots
- 12) Pitch Shots
- 13) Full Swing
- 14) Driver
- 15) Specialty Shots
- 16) Trouble Shots
- 17) Unusual Lies
  
- 18) other

If we can ‘Master Golf Basics’ (‘MGB’) and ‘Focus On Fundamentals’ (‘FOF’) [Copyrighted 555 Golf Assets’ along with over 6,000 more ‘Proven Professional Pages’] we shall surely progress in an equally logical and predictable manner.

A very real goal in golf is to hit a good or great shot and then to follow it up with yet another good or great shot. The all too common ‘Get Lucky Golf’ will not get that job done!

If we do not have a system, we are not very likely to accomplish this pleasurable activity.

Frustration will infect us, set in and we shall sooner than later quit the game due to what we refer to as ‘The Frustration Quotient’. It is a nasty and epidemic, pandemic worldwide golf malady. The source of this shortfall is sadly and provenly ‘Lack Of Quality Instruction’. Strangely, those who profess to monitor and guide ‘The Great Game’ are at fault! The quality of instruction here in North America is sadly very weak and undisciplined.

All the ‘Junior Golf Activities’, such as ‘The First Tee’ and others, will not avoid or overcome weak teaching standards without a conscious and concerted effort from the top down. In fact, a weak baseline makes the situation even worse! How can we tell if instruction is on the right track? There is dedicated ‘Class Room Time With Paperwork’ from which we learn ‘Golf Basics’.

If we tolerate and/or promote bad habits, all we will practise is bad habits.

Rather bring Einstein’s say to mind ... ‘The height of stupidity is doing the same thing over and over expecting different results!’

Do not hire any ‘Golfing Professional’ without talking to several of his or her recent students. If they cannot provide names and contact information, keep looking! If any instructor does not

have printed material ('Handouts') keep looking! If any instructor spends more time talking about him or herself, rather than you or your child, keep looking! Mediocrity in golf instruction must be opposed at every opportunity.

A good solid start in golf is essential so as to not spend your time practising bad habits as stated above. Once you firm up bad mechanics, you are stuck erasing and rebuilding better ones. Hard road to hoe!

Make good decisions with your wallet and credit card. You must starve a fever!

## **TO THE NEW PARADIGM**

Every single golf stroke on the entire planet has 'Constants'. The less 'Variables' we own the better off we shall be. If we want to repeat those 'Good or Great Shots' we must have a 'Consistent', 'Science Based' plan with known guidelines.

The 5 Set-Ups, The 5 Executions, The 5 Controls and The 5 Essential Elements are the 'Key Stones' to this great athletic structure. Not one single golf swing does not have all of these elements or components integral as the foundation! That, in this savvy airline heavy captain and flight engineer's opinion, gives this material merit! We fly aircraft logically and with certain dedication to science with safer performance as our goal.

You do not want to practise bad habits. Your brain is paying attention and forming precise 'Synapses' by which you shall repeat specific processes, 'Good or Bad'.

## **PUTTING IS THE BASELINE** **"I Drive As I Putt!"**

How can that be? I accomplish similar mechanics with a 25 foot 'Putt' as I do with a 250 yard 'Drive'? Absolutely true!

There are 'Swing Procedure Protocol Differences', but the 'Basics' are the same.

You need to take a look at 'The 5 Set-Ups' and 'The 5 Essential Elements' without delay.

These two very short lists contain the ten 'Always Present' components or elements of every swing worldwide. If for no other self-motivated reason, learn these for your 'Playing Partners'. You will not hold them up in your struggles. You will post lower scores and win more prizes. That usually means buying less 'Food & Beverage' at the 19<sup>th</sup> Hole!

You know that typically costs more than the round, right? We should strive to be financially responsible and prudent with our golf expenditures?

Fully understanding that the ‘Set-Up Protocols’ are different, the first 8 to 12 inches of your ‘Driver Take-Away’ is almost exactly the same as is your ‘Putting Take-Away’ for that 25 footer!

Pretty amazing revelation based on ‘The 5 Essential Elements’. You know then well. If you have any questions you have two options ... 1) Look the material up on YOUR [www.555golf.com](http://www.555golf.com) website or 2) give your very own ‘Certified 555 Teaching Professional’ a call or ‘Text Message or E-Mail. No excuse for following the common path of least resistance and suffering from that epidemic golf mediocrity!

Improvement and dedicated 24/7 support is close at hand!

It’s your parade!

**“Welcome Aboard!”**  
**“Enjoy The Ride!”**

**SATISFACTION GUARANTEED**

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24/7